

Year 10 Sport

Learning Programme 1

The LORIC skill focus for his LP is: LEADERSHIP			Literacy Non-Negotiables: • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model
The Moral Virtues focus for this LP are: COURAGE and HUMILITY.			
Courage - Acting with bravery and overcoming fears. I will show courage by answering a question in class even when I'm not 100% sure of the answer.			
Humility - Having a modest view of oneself. I will show humility by admitting mistakes and asking for help when needed.			
What will I be learning about in this Learning Programme? Explore types of sport and physical activity with the benefits they bring. Learn about sporting provision and the advantages and disadvantages of the provision.			
Where have I seen this learning before? PE lessons; Sports media			
What could I use it for? To complete the assessment and vocational scenario.			
In LP1.1, I will know: about the course and the understanding of expectations of the course. the differences between outdoor activities, physical activity and sport. the benefits of taking part in sport and physical activity.	01/09/26 - (WK 1) 		

PRT Task 1

PRT Task 2