

Year 10 Subject

Learning Programme 1

The LORIC skill focus for his LP is: LEADERSHIP The Moral Virtues focus for this LP are: COURAGE and HUMILITY.			Literacy Non-Negotiables: • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model	
Courage - Acting with bravery and overcoming fears. I will show courage by answering a question in class even when I'm not 100% sure of the answer.				
Humility - Having a modest view of oneself. I will show humility by admitting mistakes and asking for help when needed.				
What will I be learning about in this Learning Programme? How to develop skills, tactics and rules in netball.				
Where have I seen this learning before? I would have covered this learning in year 7, 8 and 9 netball lessons. I also might have developed these skills in a club outside of school.				
What could I use it for? I could use the skills, tactics and rules learnt to become a competent netball player at extra curricular clubs, school fixtures or at a local netball club.				
In LP1.1, I will know: 01/09/26 - (WK 1)			Key Vocabulary	Homework
the attacking principles used and select appropriate strategies; how to make decisions about how to advance on the opposition.			Advance	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
In LP1.2, I will know: 07/09/26 - (WK 2)			Key Vocabulary	Homework
how to outwit opponents using a variety of different passes with accuracy and timing; how to develop strategic and tactical play and adapt ideas based on successful outcomes; to make decisions about sending and receiving the ball into a space and develop creative thinking when implementing tactical play.			Tactical	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
In LP1.3, I will know: 14/09/26 - (WK 1)			Key Vocabulary	Homework
how to effectively develop defensive marking techniques off the ball; how to defend in the semi-circle using the correct body and arm positions; how to accurately replicate set plays from centre passes to outwit opponents.			Set Play	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
Extended Task.				
In LP1.4, I will know: 21/09/26 - (WK 2)			Key Vocabulary	Homework
"how to outwit the opposition when applying defending principles; how to replicate advanced defensive skills on and off the ball; how to make effective decision making and to develop the skill of anticipation."			Zonal Marking	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
In LP1.5, I will know: 28/09/26 - (WK 1)			Key Vocabulary	Homework
"how to select advanced tactics to outwit the opposition; how to adapt game plans in response to the oppositions and the state of the game; how to develop and refine set plays from the sideline."			Adapt	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
In LP1.6, I will know: 05/10/26 - (WK 2)			Key Vocabulary	Homework
"the importance of effective communication with others; and improve on my knowledge and understanding of the rules in netball; and develop my analysis of a performance (team captains, planning team plays and tactical awareness)."			Officiate	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
Extended Task.				
In LP1.7, I will know: 12/10/26 - (WK 1)			Key Vocabulary	Homework
"how to use leadership to encourage others; how to apply my skills taught into gameplay; how to use different tactics to use to win possession back. "			Game Management	Practice skills learned outside of the classroom or watch a YouTube clip on how to apply them effectively.
Resources to support learning:				
YouTube - used to watch techniques to perform specific skills LP1 Knowledge Organiser				
FFET Award Challenge for this Learning Programme:				
To write a plan on how you will continue to participate in sport outside of school				

PRT Task 1

PRT Task 2