

Year 10 PE Softball Learning Programme 5

The LORIC skill focus for his LP is: COMMUNICATION. The Moral Virtues focus for this LP are: COURAGE and HUMILITY.		Literacy: <ul style="list-style-type: none"> Capital letters must be used at the start of sentences and for the first letter of proper nouns Full stops must be used at the end of a sentence Question marks must be used at the end of a question Apostrophes should only be used for possession or omission Days of the week and months must be spelled correctly Key words must be spelled correctly
Courage - Acting with bravery and overcoming fears. Humility - Having a modest view of oneself.		
What will I be learning about in this Learning Programme? I will be learning the correct techniques to perform a range of fielding, bowling and batting skills to outwit an opponent in a game of softball		
Where have I seen this learning before? This learning may have been seen before in KS3 and primary school PE lessons.		
What could I use it for? I could use the skills that I learn to be a competent softball player at an extra curricular or local softball/rounders club.		

In LP5.1, I will know:	11/05/26 - (WK 1)	Key Vocabulary	Homework
how to correctly model the correct fielding technique when performing the long and short barrier and model the overarm throw with accuracy when under pressure in a competitive situation model and learn the base throwing as a tactic whilst under pressure in a competitive situation		Readiness	To attend extra curricular club to further develop my skills in striking and fielding

In LP5.2, I will know:	18/05/26 - (WK 2)	Key Vocabulary	Homework
Recap and model the correct technique when pitching and model the correct grip and technique when pitching with rotation and step accuracy to generate power and outwit an opponent		Precision	To attend extra curricular club to further develop my skills in striking and fielding

LP5 RLW, I will:	01/06/26 - (WK 1)		
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.			

In LP5.3, I will know:	08/05/26 - (WK 2)	Key Vocabulary	Homework
Recap and model the correct grip and stance when batting and model a range of attacking shots which can be used when batting model a range of attacking shots which can be used when batting in order to use areas as a tactic Extended Task.		Consistency	To attend extra curricular club to further develop my skills in striking and fielding

In LP5.4, I will know:	15/06/26 - (WK 1)	Key Vocabulary	Homework
Model a defensive shot, bunting, which can be used when batting Apply this to different type of fielding set ups as a tactic and model a range of attacking and defensive shots under pressure in a competitive situation		Athleticism	To attend extra curricular club to further develop my skills in striking and fielding

In LP5.5, I will know:	22/06/26 - (WK 2)	Key Vocabulary	Homework
how to correctly officiate a softball game how to mark scores down correctly		Depth	To attend extra curricular club to further develop my skills in striking and fielding

In LP5.6, I will know:	29/06/26 - (WK 1)	Key Vocabulary	Homework
How to lead my team and position my team mates according to strengths Extended Task.		Awareness	To attend extra curricular club to further develop my skills in striking and fielding

In LP5.7, I will know:	06/07/26 - (WK 2)	Key Vocabulary	Homework
Apply what I have learnt into a competitive game		Leadership	To attend extra curricular club to further develop my skills in striking and fielding

Resources to support learning: https://www.bbc.co.uk/bitesize/guides/zwyyrdm/revision/3
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FFET Award Challenge for this Learning Programme: To write a 200 word summary of your favourite sporting moment in school so far.

