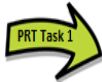


Year 9 PSHE Citizenship and Politics Learning Programme 4

<p>The LORIC skill focus for this LP is: INITIATIVE. The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles. I will show integrity by taking responsibility for my actions. Gratitude - Feeling and expressing thanks. I will show gratitude by saying please and thank you.</p> <p>What will I be learning about in this Learning Programme? Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.</p> <p>Where have I seen this learning before? KS2, Year 7 and 8 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.</p> <p>What could I use it for? Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner in order to provide a way of navigating society.</p>	<p>Literacy Non-Negotiables:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly • Vocabulary to be taught using the Frayer model
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In LP4.1, I will know:	09/03/26 - (WK 2)	Frayer Model Words	Homework
about anxiety and depression; in AR Citizenship and politics, where we can save money.		Symptoms	
In LP4.2, I will know:	16/03/26 - (WK 1)	Frayer Model Words	Homework
about stress and the definition of self harm; in AR Citizenship and politics, what our rights are as consumers.		Self harm	
In LP4.3, I will know:	23/03/26 - (WK 2)	Frayer Model Words	Homework
what eating disorders are; in AR Citizenship and politics, what digital citizenship is.		Eating disorders	
Extended Task.			
In LP4.4, I will know:	13/04/26 - (WK 1)	Frayer Model Words	Homework
about internet safety and the positives of social media; in AR Citizenship and politics, whether voter engagement can be improved through digital participation.		Social media	
In LP4.5, I will know:	20/04/26 - (WK 2)	Frayer Model Words	Homework
about the issues that "over sharing" can cause; in AR Citizenship and politics, whether political engagement can be increased by using digital media.		Over sharing	
In LP4.6, I will know:	27/04/26 - (WK 1)	Frayer Model Words	Homework
about careers; in AR Citizenship and politics, how well digital democracy worked in other countries.		Self care	
Extended Task.			
In LP4.7, I will know:	04/05/26 - (WK 2)	Frayer Model Words	Homework
how to evaluate real life friendships vs online friendships; in AR Citizenship and politics, whether MPs should be allowed to vote digitally.		Reality / unreality	



<p>Resources to support learning: www.youngminds.org.uk https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/ https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/ https://papyrus-uk.org/ www.internetmatters.org/</p>
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<p>FFET Award Challenge for this Learning Programme: Select a topic you have studied during this Learning Programme. Locate an online news article from a reputable and credible source that relates to this topic. Create a poster that clearly explains the issue, incorporating the real-world evidence you have identified to demonstrate why this topic is both current and important. Display it in your form room.</p>
