

## Year 11 PSHE Citizenship and Politics Learning Programme 4

<p>The LORIC skill focus for this LP is: INITIATIVE. The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles. I will show integrity by taking responsibility for my actions. Gratitude - Feeling and expressing thanks. I will show gratitude by saying please and thank you.</p> <p><b>What will I be learning about in this Learning Programme?</b> Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.</p> <p><b>Where have I seen this learning before?</b> KS2, KS3 and Year 10 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.</p> <p><b>What could I use it for?</b> Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner in order to provide a way of navigating society.</p>	<p><b>Literacy Non-Negotiables:</b></p> <ul style="list-style-type: none"> <li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>• Full stops must be used at the end of a sentence</li> <li>• Question marks must be used at the end of a question</li> <li>• Apostrophes should only be used for possession or omission</li> <li>• Days of the week and months must be spelled correctly</li> <li>• Key words must be spelled correctly</li> <li>• Vocabulary to be taught using the Frayer model</li> </ul>
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In LP4.1, I will know:	09/03/26 - (WK 2)	Frayer Model Words	Homework
about pregnancy; in AR Citizenship and politics, how the role of the UK Prime Minister is different to elected leaders in other countries.		Pregnancy	
In LP4.2, I will know:	16/03/26 - (WK 1)	Frayer Model Words	Homework
about labour; in AR Citizenship and politics, how elections work in different countries.		Labour	
In LP4.3, I will know:	23/03/26 - (WK 2)	Frayer Model Words	Homework
about miscarriage and stillbirth; in AR Citizenship and politics, how local democracy is different to national government.		Miscarriage / stillbirth	
Extended Task.			
In LP4.4, I will know:	13/04/26 - (WK 1)	Frayer Model Words	Homework
about alternative ways of having a baby for both opposite and same sex couples; in AR Citizenship and politics, how devolved governments operate in the UK.		Surrogacy / adoption	
In LP4.5, I will know:	20/04/26 - (WK 2)	Frayer Model Words	Homework
in CAREERS, how to gain information about apprenticeships and T levels; in AR Citizenship and politics, how local government is structured.		T levels	
In LP4.6, I will know:	27/04/26 - (WK 1)	Frayer Model Words	Homework
how to maintain a healthy lifestyle; in AR Citizenship and politics, what local councils do.		Healthy eating	
Extended Task.			
In LP4.7, I will know:	04/05/26 - (WK 2)	Frayer Model Words	Homework
how physical activity can impact positively on mental wellbeing; in AR Citizenship and politics, how elections work.		Endorphin	



<p><b>Resources to support learning:</b>  <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a> <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/">https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/</a> <a href="https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health">https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health</a> <a href="http://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/">www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/</a> <a href="https://papyrus-uk.org/">https://papyrus-uk.org/</a> <a href="http://www.internetmatters.org/">www.internetmatters.org/</a></p>
<p><b>FEET Award Challenge for this Learning Programme:</b>            Select a topic you have studied during this Learning Programme. Locate an online news article from a reputable and credible source that relates to this topic. Create a poster that clearly explains the issue, incorporating the real-world evidence you have identified to demonstrate why this topic is both current and important. Display it in your form room.</p>