

## Year 11 Health and Social Care Learning Programme 4

<p>The LORIC skill focus for this LP is: INITIATIVE. The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles. I will show integrity by taking responsibility for my actions. Gratitude - Feeling and expressing thanks. I will show gratitude by saying please and thank you.</p> <p><b>What will I be learning about in this Learning Programme?</b> I will be exploring the impact of life events on health and wellbeing. I will also explore how physiological indicators are used to measure health and how lifestyle choices determine physical health. I will also explore the use of the person centred approach in health and social settings. I will explore recommendations and actions that are aimed at improving health and wellbeing and I will also explore the barriers and obstacles that individuals can face when following recommendations.</p> <p><b>Where have I seen this learning before?</b> I would have seen some of this learning during the delivery of component 2 and also some of this would have been covered during the delivery of component 3</p> <p><b>What could I use it for?</b> I can use this learning to complete my component 3 exam.</p>		<p><b>Literacy Non-Negotiables:</b></p> <ul style="list-style-type: none"> <li>Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>Full stops must be used at the end of a sentence</li> <li>Question marks must be used at the end of a question</li> <li>Apostrophes should only be used for possession or omission</li> <li>Days of the week and months must be spelled correctly</li> <li>Key words must be spelled correctly</li> <li>Vocabulary to be taught using the Frayer model</li> </ul>
<p><b>In LP4.1, I will know:</b> 09/03/26 - (WK 2)</p> <p>how physical events, relationship changes and life circumstances can have an impact on a persons physical, intellectual, emotional and social health and wellbeing.</p>	<p><b>Frayer Model Words</b></p> <p>Life Events</p>	<p><b>Homework</b></p> <p>Complete exam style questions on life events</p>
<p><b>In LP4.2, I will know:</b> 16/03/26 - (WK 1)</p> <p>how to interpret physiological data; the potential significance in abnormal readings and the short-term risks and the long-term risks; how lifestyle choices determine physical health and use published guidelines to interpret this.</p>	<p><b>Frayer Model Words</b></p> <p>Physiological</p>	<p><b>Homework</b></p> <p>Complete exam style questions on interpreting data</p>
<p><b>In LP4.3, I will know:</b> 23/03/26 - (WK 2)</p> <p>how the person-centred approach is used in health and social care settings; the importance of a person-centred approach; the benefits of a person-centred approach for health and social care workers and services</p> <p>Extended Task.</p>	<p><b>Frayer Model Words</b></p> <p>Person-Centred Approach</p>	<p><b>Homework</b></p> <p>Complete exam style questions on person-centred approach</p>
<p><b>In LP4.4, I will know:</b> 13/04/26 - (WK 1)</p> <p>how to make recommendations and actions to improve health and wellbeing; support that is available to help achieve this.</p>	<p><b>Frayer Model Words</b></p> <p>Recommendations</p>	<p><b>Homework</b></p> <p>Complete exam style questions on recommendations</p>
<p><b>In LP4.5, I will know:</b> 20/04/26 - (WK 2)</p> <p>the barriers and obstacles that individuals may face when following recommendations; how people can overcome these barriers and obstacles.</p>	<p><b>Frayer Model Words</b></p> <p>Barriers</p>	<p><b>Homework</b></p> <p>Complete exam style questions on barriers and obstacles</p>
<p><b>In LP4.6, I will know:</b> 27/04/26 - (WK 1)</p> <p>Revision Exam questions</p> <p>Extended Task.</p>	<p><b>Frayer Model Words</b></p> <p>Obstacles</p>	<p><b>Homework</b></p> <p>Complete revision in preparation for your exam</p>
<p><b>In LP4.7, I will know:</b> 04/05/26 - (WK 2)</p> <p>Revision Exam questions</p>	<p><b>Frayer Model Words</b></p> <p>Revision</p>	<p><b>Homework</b></p> <p>Complete revision in preparation for your exam</p>
<p><b>Resources to support learning:</b> Knowledge Organiser BTEC Tech Award Textbook <a href="https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care-2022.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson">https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care-2022.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson</a></p>		
<p><b>FFET Award Challenge for this Learning Programme:</b> Visit a local care home and find out how their employees demonstrate care values. Create a powerpoint with your findings.</p>		

