

## KS4 Curriculum Plan 2025 - 2026

		LP1	LP2	LP3	LP4	LP5
<b>Year 10</b>	<b>PSHE</b>	PSHE: Pupils will know the impacts on attitudes and behaviour of viewing explicit material. They will know to use judgement in assessing reality within online material and deep fakes. They will know about incels. Pupils will know the role of exploitation within the context of online material, bullying implications and the laws concerning pornography. Pupils will know what informed consent is and the law regarding consent. They will know how to report or seek advice around sexual consent and sextortion. (R8, R3, R15, R14) (R28, R30, R29, R22) (GB: 3)	PSHE: Pupil will know the definition of sexual coercion and how to report issues of consent. Pupils will know the impact of alcohol and drugs on decision making and the risks. Pupils will know what fertility is and the myths that surround fertility. Pupils will know about gender reassignment. Pupils will know what every day triggers can cause stress and how to manage these triggers to support mental well-being. (R29) (H19, H20, H21) (H5, H6, H8, R31) (GB 2, 3 6)	PSHE: Pupils will know about the impacts of drugs and alcohol. Pupils will know how violent aggression impacts on mental health. They will know the causes and consequences of antisocial behaviour. Pupils will know what PTSD is and how it links to trauma. Pupils will know what cyber bullying and trolling is and the effects of excessive time spent on screen. They will know what obsessive online behaviours are and link to bullying (R8, R3, R15, R14, R16, H22) (H10) (GB: 2) (R8, R3, R15, R14, R16, H22)	PSHE: Pupils will know what Catfishing is and how to access self-help for our online behaviours. Pupils will know how to manage healthy habits using social media. Pupils will know what obsessive online behaviours are within the context of social media. They will know the specifics of certain types of drugs and the consequences of addiction and withdrawal. They will know where to seek help and advice. (R7, R1, H23) (H19, H20, H21) (GB: 2, 5) (H19, H20, H21)	PSHE: Pupils will know the definition of alcoholism and what functioning alcoholism means as well as the impacts on health. Pupils will know how to recognise exam anxiety and explore stigmas within mental health issues. Pupils will know how and where to seek support. (H19, H20, H21) (GB:3) (H1, H7, H9)
	<b>Politics / Citizenship</b>	Politics/Citizenship: Pupils will know what role the media plays in democracy. Pupils will know what the term responsible journalism means and how the media is regulated in the UK. Pupils will know what misinformation means and the impact it can have on society. The pupils will know what free press means vs censorship means. Pupils will know how well media holds power to account.	Politics/Citizenship: Pupils will know what Active Citizenship project is and the skills required to complete one. Pupils will know a range of topics to base their projects on in order to select one. Pupils will know the importance of primary and secondary research within the project. They will know how to plan their project. Pupils will know how different types of campaigning might suit differing target groups. Pupils will know how to evaluate their projects.	Politics/Citizenship: Pupils will know about freedom of press in a democracy. They will know how to debate the strengths and weaknesses of democracy nationally. Pupils will know how laws are made and the roles of people who enforce the law. They will know the difference between criminal and civil law. They will know about the punitive system and how to debate if elections are truly fair. They will revisit bullying.	Politics/Citizenship: Pupils will know about the youth court system. They will know about economy and what government spending tax means. They will know about local authority spending. Pupils will know what privatisation means and what risk management is within the context of government. They will explore the role they can play in the future of the UK economy.	Politics/Citizenship: Pupils will know what the UK's role in the commonwealth is, and the role within the World Trade organisation. Pupils will know how the UK's relationship with the EU differs. Pupils will know how the UK involves itself in global humanitarian issues and its role in global conflict resolution.
	<b>Careers</b>	Careers: Pupils will know how to complete a personality quiz and use the findings to understand their own strengths.	Careers: Pupils will know about how financial earnings work and taxation.	Careers: Pupils will know the process for contacting employers positively and confidently and the skills required to do so.	Careers: Pupils will know how to use a search engine to explore a range of jobs, salaries and range of qualifications needed.	Careers: Pupils will know what an A level student experiences.
	<b>Skills</b>	Having gained the knowledge within the KS3 programme, ultimately, this curriculum aims to equip young people to live their lives safely and happily, treating others with care and respect. It aims to give them the knowledge to make their own informed lifestyle decisions (within the law), and to maintain their own self-care, through the embedding of this knowledge and the skill of deep reflection and consideration of perspective.				
	<b>Key Vocab</b>	stereotypes, abusive, democracy, misinformation, free press, illegal content	consent, coercion, legal, comparison, fertility, infertility, direct democracy, planning	misuse / chemical effects / withdrawal / victims / perpetrators / bias / fact, guilt, anti social, PTSD, conflict, elections	youth Court, trolling, muting, unblocking, unfollowing, catfishing / impersonating, privatisation, transparency, salary / qualifications	Stigma, Dependency, Functioning Alcoholism, Coping mechanisms, Bullying, humanitarian crisis, conflict resolution

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<b>Year 11</b>	<b>PSHE</b>	PSHE: Pupils will know strategies to support with anxiety and stress in the context of examinations. They will know how to discuss mental health and what stigmas are. Pupils will know about the symptoms of panic attacks and strategies to deescalate. Pupils will explore triggers of stress in life such as finance, work or relationships. Pupils will revisit PTSD; symptoms and causes and where to seek support. Pupils will know how to navigate and recognise the negative online promotion of suicide. (H25, L19, L24) (R10, R33) (GB: 3 7)	PSHE: pupils will know about maintaining, positive mental health. They will know about gambling and resilience towards gambling. Pupils will know about targeted advertising and influencer endorsements. They will know about the risks of financial lending. (R33, H22) (H930, H32, H33, R23, R24, R26, R27R) (GB:3 7) (H11) (H11)	PSHE: Pupils will know what forced marriage is and how to define honour based violence. They will know what FGM and who is most at risk and what virginity testing and hymenoplasty is. Pupils will know the early signs of pregnancy, the importance of the pelvic floor and the benefits of folic acid during pregnancy. Pupils will know about abortion and the law and where to seek support. (H15, H26) (H19, H20, H21) (GB:3 4 7) (H14, H16)	PSHE: Pupils will know strategies for coping with exam stress, revision and interventions. (R9) (GB:2 3 7)	PSHE: Pupils will know strategies for coping with exam stress, revision and interventions. (R9) (GB:2 3 7)
	<b>Politics / Citizenship</b>	Politics/citizenship: Pupils will know what is meant by identity within the UK and the concept of British values. Pupils will know how changes within UK population impact on society. The pupils will know what a diverse society means within the UK. Pupils will know how tolerance and respect within diversity is crucial in reducing inequality and discrimination. They will know what community cohesion means.	Politics/citizenship: Pupils will know how the House of Commons is arranged compared to other debating chambers. Pupils will know some parliamentary procedures and be able to articulate their opinion on whether modernisation is required. Pupils will know what an uncodified constitution and bicameral system means. Pupils will know what the UK supreme court does. They will know about rights and where they come from and about what change protest can achieve.	Politics/citizenship: Pupils will know how rights have developed from the Magna Carta to the Human Rights Act 1998. Pupils will know what their right to protest is and will know case studies of protests that have been key to effecting change. Pupils will know how to articulate their views about the balance of the right to protest and breaking the law. Pupils will know what pressure groups are and the role they play in society.	Politics/citizenship: Pupils will know a democratic and non-democratic government is and how they compare. They will know how Westminster and the US congress compare.	Politics/citizenship: Pupils will know how to review their learning on the topics of holding the media to account, the role of democracy, the right to protest and how the UK plays a meaningful role in the international community.
	<b>Careers</b>	Careers: Pupils will know how to explore post 16 choices.	Careers: Pupils will know what BTECs, T Levels are and the various levels / subjects available post 16.	Careers: Pupils will know about apprenticeships.	Careers: Pupils will know what UCAS is and explore what a UCAS form looks like.	Careers: Pupils will know what UCAS is and explore what a UCAS form looks like.
	<b>Skills</b>	Ultimately, this curriculum aims to equip young people to live their lives safely and happily, treating others with care and respect. It aims to give them the knowledge to make their own informed lifestyle decisions (within the law), and to maintain their own self-care, through the embedding of this knowledge and the skill of deep reflection and consideration of perspective.				
	<b>Key Vocab</b>	exam anxiety, stigma / mental health, population diversity, finance, PTSD, suicide prevention	wellbeing, uncodified, resilience, political stance, supreme court, influences, endorsements, loans	forced marriage, honour based violence, FGM / hymenoplasty / virginity testing, apprenticeships, non democratic, abortion and the law, protest	Planning Exercise Balance Breathing Revision Intervention Bullying	Planning Exercise Balance Breathing Revision Intervention