

KS3 Curriculum Plan 2025-26						
Year 7		LP1	LP2	LP3	LP4	LP5
	PSHE	PSHE: Pupils will know about relationships centred around human happiness marriage, cohabiting, Same-Sex (including Civil Partnership) Blended' and 'Step' families. Pupils will know about positive relationships and know the importance of free speech and the harms of a cancel culture and the harms of censorship and no platforming. Pupils will know what protected characteristics are. (R1, R2, R6, R35) (L2, L9, L6) (R10, R16, R9)	PSHE: Pupils will know how to define what respectful relationships are as well as how to leave friendships or relationships where there is conflict. They will know how reconciliation is important in resolving relationships. Pupils will know about the positive opportunities online. They will know about rights and freedom of expression and their digital footprint. Pupils will know how to define well-being and mental health and the connection between them. They will know that websites share information. (R2, R19) (R13, R17, R14, H30) (H1, H2) (L7, L1, L5)	PSHE: Pupils will know the importance of being able to articulate emotions in terms of well-being including those of grief and loss. Pupils will know how the online world does not always match reality and the impact this can have on themselves. Pupils will know the definition of well being and the impact of unhealthy comparisons on well being. (R22, H2) (GB: 3) (L2, L3, L10) (H30, R13) (H17, H18)	PSHE: Pupils will know about social media vs reality. They will know how to understand online information. Pupils will know the importance and benefits of physical exercise on health and well-being. They will know how the two areas link. Pupils will know the effect on our bodies of exercise. (H14, H10, H16) (H20, H23) (GB: 3) (L2)	PSHE: Pupils will know how to define puberty and the impacts on their brain. They will know how attraction links to hormones and how this can influence our own body image. They will know about personal hygiene and dental care. they will know about the immune system, antibiotics, bacterial infection and resistance. (H34, R5) (GB: 3, 4) (L2, L3, L12, L10)
	Politics / Citizenship	Politics/Citizenship: pupils will know what citizenship is and what it means to be an active citizen. They will know what a democratic community is. They will know why we have rules and laws in terms of creating equity and fairness. Pupils will know what identity means and how identity can change. Pupils will know the key features important in communities. And the effects of change within communities.	Politics/Citizenship: Pupils will know how communities are linked together across the UK. Pupils will know what the British Youth Parliament is. Pupils will know how we are connected to people across the globe.	Politics/Citizenship: Pupils will know how we protect the right to health. They will know how to access reliable information. They will know how to debate how children's rights are supported in the UK. Pupils will know how in democracy local government is different to national and what local councils do. They will know what the role of a local councillor is and how local elections work. They will know how as citizens they can protect the rights of others.	Politics/Citizenship: Pupils will know how local democracy works, what local councils do and the role of the local councillor. Pupils will know how local elections work and why registering to vote is important. Pupils will know what the word crime means within society and they will know the difference between civil and criminal law.	Politics/Citizenship: Pupils will know some reasons behind criminal behaviours and the role of the Police. Pupils will know about youth crime and preventative measures. They will know what a successful crime prevention strategy is. Pupils will know about their own place within a community and how our College forms part of that community. Pupils will know what a non-governmental organisation is the impact they have on their community. Pupils will know how to plan a citizen action project.
	Careers	Careers: Pupils will know what a career is and explore aspirational dream careers.(GB: 2, 3, 4)	Careers: Pupils will know what skills are relevant within the context of careers resources. They will know how to them apply these skills to themselves. (GB: 3, 4)	Careers: Pupils will know how to use resources to explore some careers that are of interest to them using the Holland Codes.	Careers: Pupils will know what University is.	Careers: Pupils will know how to explore their concept of a "dream job" and the significance of high aspirations from year 7.
	Skills	It aims to challenge pupils to deeply reflect, and to embrace a wide range of subject (and topic) specific vocabulary, to equip them with the tools needed to navigate their lives as teenagers and adults, and to understand experiences that might affect friends, relations, partners and colleagues both now and in the future, thus making them more empathetic individuals. It prepares them successfully for their Intermediate Be More Experience delivery which builds on the sequencing and foundations of knowledge. To learn about a variety of different careers and become familiar with the Unifrog Careers library. To learn what skills and competencies are, and how to demonstrate them. To use this knowledge to identify pupils' own skills and learn how to record them on the Unifrog platform. To allow pupils to learn more about themselves and explore the careers commonly associated with their interests. To explore what pupils' dream jobs are and how they can consider different possible jobs. To familiarise pupils with the Careers library so they can learn more about various jobs and research what they need to do to achieve their goals.				
Key Vocab	Personal social health and economics, cohabitation, extended family, positive relationships, free speech, boundaries, reconciliation	Digital citizenship, Digital footprint, cohabitation, Mental Well Being, relationships, internet safety, influences, skills, online bullying / behaviour	the right to health, reliable information, children's rights, democracy, grief, local councillor, elections. Well being	Voting, decisions, University, nutrition, exercise, youth crime, crime prevention, endorphins	community, hygiene, plaque / flossing / tooth decay, immunity, antibiotics, puberty, neurone growth, attraction	

Year 8		LP1	LP2	LP3	LP4	LP5
	PSHE	PSHE: pupils will know about marriage and cohabiting. They will know the characteristics of what is deemed to be "successful parenting." Pupils will know how to define bullying and be aware of the behaviour that constitute bullying. Pupils will know about the Equalities Act 2010 and tolerance and respect benefit society. Pupils will know how the Act relates to protected characteristics. (R6) (R3, R43, R37, R38, R39) (GB: 3) (L3, L2)	PSHE: Pupils will know about respect and tolerance. They will know how to help victims of bullying / cyber bullying and stereotyping. Pupils will know about online risks. They will know about healthy management of on screen time. They will know about data generation and usage on websites and the sharing of information / removing material online. They will know about the risks of unknown people on line. They will learn about water safety.(R2, R19) (R13, R17, R14, H30) (H1, H2) (L7, L1, L5) (GB: 3, 4)	PSHE: Pupils will now how to reflect on themselves in terms of their own well-being in terms of effective communication. They will know about gender realignment. They will know how to apply empathy when looking at the well-being of others as well as identifying strategies for early interventions. Pupils will know what a healthy body image is and the impact social media can have on it. They will know how to understand subjectivity when exploring body image as well as the impact of puberty on self-perception. (H12, H7, H4, H9) (GB: 2, 3, 4) (L17) (H34, H3)	PSHE: Pupils will know about online and internet safety and idealised projections, they will explore beliefs about beauty. They we learn about puberty and issues of body image and where to seek support. They will know about the risks of tobacco and alcohol and the effects of low level consumption. (H14, H10, H16) (H20, H23) (GB: 3) (L2)	PSHE: Pupils will know what constitutes healthy sleeping routines and what can cause poor quality sleep. Pupils will know the rudiments of First Aid: recovery position, ABC, CPR and Defibrillator. Pupils will know harmful effects associated with alcohol, vaping and tobacco. (H15, H13) (GB: 3, 4) (L7, L2) (H33)
	Politics / Citizenship	Politics/Citizenship: Pupils will know how political systems work within the UK. They will know the difference between government and parliament. Pupils will know the key differences between political parties and the role of an MP. Pupils will know the roles of the Monarch, PM, cabinet and the range of UK Gov departments, specifically the treasury. Pupils will know what a devolved government means.	Politics/Citizenship: Pupils will know the impact of media; the role of news and what is deemed to be newsworthy. Pupils will know the rules media are required to follow in terms of journalism. Pupils will know the role of the media within democracy and the political affiliations. Pupils will know the media's role in holding people to account, they will know what fake news is and how they can differentiate what is real or false. Pupils will know how to discuss the role of the media using their own opinions as to its efficacy.	Politics/Citizenship: Pupils will know what the age of criminal responsibility is. They will know how the criminal justice system applies to young people and how citizens can take action. They will know what pressure groups, protest groups and social movements are. They will know what effective change looks like and whether citizens can play a role in changing the law.	Politics/Citizenship: Pupils will know how citizens are able to take action within a democracy. Pupils will know what effective change looks like and how political rights have changed. They will know about the Chartists and the fight for female suffrage. They will explore why voting matters and debate whether the age of voting should be reduced.	Politics/Citizenship: Pupils will know what political rights are and what suffrage was. Pupils will know what role the Chartists played in political change. Pupils will know why it is important to vote and be able to debate whether the age for voting should be changed. Pupils will know that there are global issues such as plastic damaging the environment. They will know about climate change and what fracking is. They will know what the Universal declaration of Human Rights is. Pupils will know what actions can be taken to change global issues.
	Careers	Careers: Pupils will know how to use resources that can help in order to explore their aspirations and motivational factors. They will know how to explore their concept of success.	Careers: Pupils will know what skills are relevant within the context of the labour market index.	Careers: Pupils will know how to use the careers library to explore a range of careers that interest them.	Careers: Pupils will know how to record the activities they take part in. The will know that recording is important in their careers journey within the college.	Careers: Pupils will know about labour market index.
	Skills	PSHE: It aims to challenge pupils to deeply reflect, and to embrace a wide range of subject (and topic) specific vocabulary, to equip them with the tools needed to navigate their lives as teenagers and adults, and to understand experiences that might affect friends, relations, partners and colleagues both now and in the future, thus making them more empathetic individuals. It prepares them successfully for their KS4 delivery which builds on the KS3 sequencing and foundations of knowledge. To explore pupils' potential personal motivators, and what success looks like to them. To appreciate the importance of knowing terminology and to understand the meanings of key terminology related to careers. To provide pupils with future confidence in the GCSE choices they make. To learn what skills and competencies are, and how to identify them in activities.				

Key Vocab	Marriage, cohabiting, parenting, bullying, imbalance of power,	definition of bullying, respect, online risks and safety, bias, data protection, civil vs criminal, careers: labour market index	Mental well-being, physical symptoms, talking / sharing, careers, empathy / kindness, school nurse, CAHMs, self perception, changes in law	photo editing / filtering, subjective views, body image, Chartist, careers, alcohol / tobacco, NHS awareness	mood changes, tobacco, vaping, quitting, human rights, mobile phones / gaming / iPad, airways / breathing / circulation, chest compressions	
Year 9	LP1	LP2	LP3	LP4	LP5	
	PSHE	PSHE: Pupils will know what constitutes criminal behaviours within a range of relationships and contexts and know who to contact. They will know the difference between abusive relationships versus loving / caring relationships. Pupils will know what constitutes sexual violence, domestic abuse and harassment and what consent means. Pupils will know the law around strangulation and suffocation, sextortion and upskirting. They will know what defines an "indecent image" and deepfakes. They will know about websites sharing information.	PSHE: Pupils will know what defines sexual violence. They will know what defines an indecent image and the context of the law in terms of sharing images. Pupils will know what consent means and the law around sexual consent. They will know the law surrounding strangulation / suffocation They will know how to recognise signs of, and where to seek advice on issues of harassment, rape, domestic abuse, sextortion, grooming, exploitation and coercion. they will know what misogyny means and fixated obsessive behaviours. They will know about county lines. (R24, R37, R26, R27) (GB: 3) (L1) (R26, R27, R41)	PSHE: Pupils will know what diversity within relationships is and know examples. They will know that intimate sexual relationships can lead to conception. They will know what sexual pressure is. They will know the importance of communication within intimate relationships. They will know about sexual health, STIs and how to manage sexual pressure. (R45, R46) (H36, R11, R12, R4, H21) (GB: 3, 4, 7) (L2, L8)	PSHE: Pupils will know about anxiety and depression, self harm and stress. They will know how to navigate and avoid websites that "promote" or glorify suicide. Pupils will know what eating disorders are. They will know about internet safety and the positives of social media. They will know the risks around over sharing and how websites share information. They will know how to evaluate real life friendships vs friendships on line and deepfakes.(H35, R33, R32, R34) (H11, H8) (GB: 3) (H1) (H31) (R44, R29, R30)	PSHE: Pupils will know how influencers operate and learn strategies for managing a healthy relationship with social media usage. Pupils will know the classifications of drugs and the risks to mental and physical health. They will know what impact convictions have. They will know the risks of purchasing prescription drugs or legal highs, the effects and risks. Pupils will know how vaccinations /immunisations work and where to seek support with concerns. (R42, R2) (H23, H27) (H19) (GB: 2, 3, 4)
	Politics / Citizenship	Politics/Citizenship: Pupils will know how the UK is governed and what the civil service do. They will know the difference between a civil servant and a government minister. Pupils will know what devolution means and differences between local, regional and national governance. Pupils will know what democracy is and how it compares to other political systems including the USA	Politics/Citizenship: Pupils will know what the equality Act 2010 is and how it came about. They will now what prejudice and discrimination means. They will know that there are different types and the effects discrimination can have on groups within society. They will know the impacts of equality laws within the UK and the progress the law has made within LBGTQ+ community. Pupils will know how school can help develop an equal and fairer society.	Politics/Citizenship: Pupils will know what migration is and reasons as to why migration takes place. They will know the role climate change has made on migration and the role the Syrian / Ukrainian War has made. They will know the support that is available to migrants. Pupils will know the Government stance on immigration and the existing regulations and form an opinion on it. They will know how to explain the social, economic and political impact migration can have on communities. They will learn about financial literacy: loans, managing money and ways of paying for things.	Politics/Citizenship: Pupils will know where we can save money and what our rights are as consumers. Pupils will know what digital citizenship is and whether voting participation can be improved by using digital media. They will know hoe digital democracy works in other countries and whether MPs should be allowed to vote digitally.	Politics/Citizenship: Pupils will know how to engage in local democracy and how to involve themselves in school decision making processes via student council. They will be able to debate re the age to vote. They will know how they can influence those in power democratically in order to create change. They will discuss whether the young people should have the right to stand in local elections.
	Careers	Careers: Pupils will know the attributes of good leadership. They will be able to evaluate themselves against the attributes identified.	Careers: Pupils will know how competencies apply to their own skill sets and why it is important to record their findings. Careers advice during Year 9 Information Evening with LMI focus.	Careers: Pupils will know about A levels, BTECs and T levels..	Careers: Pupils will know what self-care means and how to incorporate this into their routines.	Pupils will know how to discover the interests and skills that make them unique, and link them to potential careers.
	Skills	PSHE: It aims to challenge pupils to deeply reflect, and to embrace a wide range of subject (and topic) specific vocabulary, to equip them with the tools needed to navigate their lives as teenagers and adults, and to understand experiences that might affect friends, relations, partners and colleagues both now and in the future, thus making them more empathetic individuals. It prepares them successfully for their KS4 delivery which builds on the KS3 sequencing and foundations of knowledge.				
Key Vocab	Criminal Behaviours, Coercive Controlling behaviours, sexual Harassment, personal social health and economics, democracy, consent, indecent image	Discrimination, Harassment, Sexual Consent, Equality, Grooming / exploitation, County lines, Sexual health	religious / cultural / se / gender, immigration, self expressions vs freedom of expression. Coercion, STI, sexual intimacy, safer sex, contraception, children's rights	symptoms, self harm, eating disorders, social media, over sharing, self care, reality vs unreality	Vaccination, Immunisation, social media, classification, prescription, competencies, Evaluate, review	