

Year 9 PSHE

Learning Programme 5

<p>The LORIC skill focus for this LP is: COMMUNICATION.</p> <p>The Moral Virtues focus for this LP are: COURAGE and HUMILITY.</p> <p>Courage - Acting with bravery and overcoming fears.</p> <p>Humility - Having a modest view of oneself.</p> <p>What will I be learning about in this Learning Programme?</p> <p>Where have I seen this learning before?</p> <p>KS2, Year 7 & 8, and LP1, 2, 3 and 4 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.</p> <p>What could I use it for?</p> <p>Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner which will help guide me in life and manage better issues covered in PSHE.</p>		<p>Literacy:</p> <ul style="list-style-type: none"> Capital letters must be used at the start of sentences and for the first letter of proper nouns Full stops must be used at the end of a sentence Question marks must be used at the end of a question Apostrophes should only be used for possession or omission Days of the week and months must be spelled correctly Key words must be spelled correctly
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<p>In LP5.1, I will know: 12/05/25 - (WK 1)</p> <p>how to maintain a healthy relationship with social media; in AR Citizenship and politics, how I can contribute to school decision making.</p>		Key Vocabulary	Homework
		social media	
<p>In LP5.2, I will know: 19/05/25 - (WK 2)</p> <p>about drugs, the law and common illegal drugs; in AR Citizenship and politics, how to engage in local democracy.</p>		Key Vocabulary	Homework
		classification	
<p>In LP5.3, I will know: 02/06/25 - (WK 1)</p> <p>about prescription drugs and legal highs; in AR Citizenship and politics, how to debate whether the voting age should be reformed.</p> <p>Extended Task.</p>		Key Vocabulary	Homework
		prescription	
<p>In LP5.4, I will know: 09/06/25 - (WK 2)</p> <p>what vaccinations are; in AR Citizenship and politics, how we can influence those in power democratically.</p>		Key Vocabulary	Homework
		vaccination	
<p>In LP5.5, I will know: 16/06/25 - (WK 1)</p> <p>any concerns around vaccinations; in AR Citizenship and politics, how we can make change happen.</p>		Key Vocabulary	Homework
		vaccination	
<p>In LP5.6, I will know: 23/06/25 - (WK 2)</p> <p>what competencies are; in AR Citizenship and politics, whether young people should have the right to stand in local elections.</p> <p>Extended Task.</p>		Key Vocabulary	Homework
		competencies	
<p>In LP5.7, I will know: 30/06/25 - (WK 1)</p> <p>how to review my learning in PSHE; in AR Citizenship and politics, how to review my learning.</p>		Key Vocabulary	Homework
		Evaluate	
<p>In LP5.8, I will know: 07/07/25 - (WK 2)</p> <p>how to review my learning in PSHE; in AR Citizenship and politics, how to review my learning.</p>		Key Vocabulary	Homework
		Review	

Resources to support learning:

www.youngminds.org.uk <https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/> <https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health> www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/ <https://papyrus-uk.org/> www.internetmatters.org/

FFET Award Challenge for this Learning Programme:

To create an information leaflet in any subject I have covered in PSHE or Citizenship / Politics.

PRT Task 1

PRT Task 2