

Year 7 PSHE

Learning Programme 5

<p>The LORIC skill focus for his LP is: COMMUNICATION.</p> <p>The Moral Virtues focus for this LP are: COURAGE and HUMILITY.</p> <p>Courage - Acting with bravery and overcoming fears.</p> <p>Humility - Having a modest view of oneself.</p>	<p>Literacy:</p> <ul style="list-style-type: none">• Capital letters must be used at the start of sentences and for the first letter of proper nouns• Full stops must be used at the end of a sentence• Question marks must be used at the end of a question• Apostrophes should only be used for possession or omission• Days of the week and months must be spelled correctly• Key words must be spelled correctly
<p>What will I be learning about in this Learning Programme?</p> <p>KS2 and LP1 & 2 Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.</p>	
<p>Where have I seen this learning before?</p> <p>KS2 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.</p>	
<p>What could I use it for?</p> <p>Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner which will help guide me in life and manage better issues covered in PSHE.</p>	

<p>In LP5.1, I will know:</p> <p>about careers , how to explore what my dream job might be; in AR Citizenship and politics, what a community is.</p>		<p>12/05/25 - (WK 1)</p> <p>Key Vocabulary</p> <p>community</p>	Homework
<p>In LP5.2, I will know:</p> <p>about personal hygiene; in AR Citizenship and politics, what role our school plays in our local community.</p>		<p>19/05/25 - (WK 2)</p> <p>Key Vocabulary</p> <p>hygiene</p>	Homework
<p>In LP5.3, I will know:</p> <p>about dental care and its importance; in AR Citizenship and politics, what charities, NGOs and groups in our local community do.</p> <p>Extended Task.</p>		<p>02/06/25 - (WK 1)</p> <p>Key Vocabulary</p> <p>plaque/ flossing/ tooth decay</p>	Homework
<p>In LP5.4, I will know:</p> <p>about the immune system; in AR Citizenship and politics, how citizens can get involved in community change.</p>		<p>09/06/25 - (WK 2)</p> <p>Key Vocabulary</p> <p>immunity</p>	Homework
<p>In LP5.5, I will know:</p> <p>bacterial infection and antibiotic resistance; in AR Citizenship and politics, what I can do as an active citizen to improve my community.</p>		<p>16/06/25 - (WK 1)</p> <p>Key Vocabulary</p> <p>antibiotics</p>	Homework
<p>In LP5.6, I will know:</p> <p>about puberty; in AR Citizenship and politics, what I can do as an active citizen to improve my community.</p> <p>Extended Task.</p>		<p>23/06/25 - (WK 2)</p> <p>Key Vocabulary</p> <p>puberty</p>	Homework
<p>In LP5.7, I will know:</p> <p>how the brain is affected during puberty; in AR Citizenship and politics, how to review my learning.</p>		<p>30/06/25 - (WK 1)</p> <p>Key Vocabulary</p> <p>neurone growth</p>	Homework
<p>In LP5.8, I will know:</p> <p>about attraction and hygiene; in AR Citizenship and politics, how to review my learning.</p>		<p>07/07/25 - (WK 2)</p> <p>Key Vocabulary</p> <p>hygiene</p>	Homework

Resources to support learning:

www.youngminds.org.uk <https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/> <https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health> www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/ <https://papyrus-uk.org/> www.internetmatters.org/

FFET Award Challenge for this Learning Programme:

To create an information leaflet in any subject I have covered in PSHE or Citizenship / Politics.

PRT Task 1

PRT Task 2