

## Year 10 PSHE

### Learning Programme 5

<p>The LORIC skill focus for this LP is: COMMUNICATION.</p> <p>The Moral Virtues focus for this LP are: COURAGE and HUMILITY.</p> <p>Courage - Acting with bravery and overcoming fears.</p> <p>Humility - Having a modest view of oneself.</p> <p><b>What will I be learning about in this Learning Programme?</b></p> <p>KS2 and LP1 &amp; 2 Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.</p> <p><b>Where have I seen this learning before?</b></p> <p>KS2, KS3 and LP1, 2, 3 and 4 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.</p> <p><b>What could I use it for?</b></p> <p>Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner which will help guide me in life and manage better issues covered in PSHE.</p>		<p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>Full stops must be used at the end of a sentence</li> <li>Question marks must be used at the end of a question</li> <li>Apostrophes should only be used for possession or omission</li> <li>Days of the week and months must be spelled correctly</li> <li>Key words must be spelled correctly</li> </ul>	
<p><b>In LP5.1, I will know:</b></p> <p>about tailoring my CV and networking; in AR Citizenship and politics, what the UK's role is in the Commonwealth is.</p>		<p><b>12/05/25 - (WK 1)</b></p> <p><b>Key Vocabulary</b></p> <p>Commonwealth</p>	<b>Homework</b>
<p><b>In LP5.2, I will know:</b></p> <p>about exploring personal strengths for employment; in AR Citizenship and politics, what the UK's role is in the World Trade Organisation.</p>		<p><b>19/05/25 - (WK 2)</b></p> <p><b>Key Vocabulary</b></p> <p>WTO</p>	<b>Homework</b>
<p><b>In LP5.3, I will know:</b></p> <p>about exploring the job sector and preparing for work / interviews; in AR Citizenship and politics, how the UK's relationship with Europe has changed.</p> <p>Extended Task.</p>		<p><b>02/06/25 - (WK 1)</b></p> <p><b>Key Vocabulary</b></p> <p>Brexit</p>	<b>Homework</b>
<p><b>In LP5.4, I will know:</b></p> <p>about apprenticeships and T levels; in AR Citizenship and politics, what the UK's role is in overcoming global humanitarian problems.</p>		<p><b>09/06/25 - (WK 2)</b></p> <p><b>Key Vocabulary</b></p> <p>humanitarian</p>	<b>Homework</b>
<p><b>In LP5.5, I will know:</b></p> <p>what an A level pupil experiences; in AR Citizenship and politics, what the UK's role is in global conflict resolution.</p>		<p><b>16/06/25 - (WK 1)</b></p> <p><b>Key Vocabulary</b></p> <p>global conflict</p>	<b>Homework</b>
<p><b>In LP5.6, I will know:</b></p> <p>about careers, why team work is important; in AR Citizenship and politics, how to review my learning.</p> <p>Extended Task.</p>		<p><b>23/06/25 - (WK 2)</b></p> <p><b>Key Vocabulary</b></p> <p>team work</p>	<b>Homework</b>
<p><b>In LP5.7, I will know:</b></p> <p>what a university student experiences; in AR Citizenship and politics, how to review my learning.</p>		<p><b>30/06/25 - (WK 1)</b></p> <p><b>Key Vocabulary</b></p> <p>Degrees</p>	<b>Homework</b>
<p><b>In LP5.8, I will know:</b></p> <p>how to create my own career path; in AR Citizenship and politics, how to review my learning.</p>		<p><b>07/07/25 - (WK 2)</b></p> <p><b>Key Vocabulary</b></p> <p>Career planning</p>	<b>Homework</b>
<p><b>Resources to support learning:</b></p> <p><a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a> <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/">https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/</a> <a href="https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health">https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health</a> <a href="http://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/">www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/</a> <a href="https://papyrus-uk.org/">https://papyrus-uk.org/</a> <a href="http://www.internetmatters.org/">www.internetmatters.org/</a></p>			
<p><b>FFET Award Challenge for this Learning Programme:</b></p> <p>To create an information leaflet in any subject I have covered in PSHE or Citizenship / Politics.</p>			

PRT Task 1

PRT Task 2