

Year 9 PE

PRT Task 1

PRT Task



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he Moral Virtues focus for this LP are: COURAGE and HUMILITY.		Literacy:Capital letters must be used at the
Courage - Acting with bravery and overcoming fears.		of sentences and for the first letter o
lumility - Having a modest view of oneself.		proper nouns
/ Uhat will I be learning about in this Learning Programme?		 Full stops must be used at the end sentence
will be learning the correct techniques to perform a range of fielding, bowling and batting skills to outwit an opponent in a gam	e of cricket.	 Question marks must be used at th
		end of a question
		Apostrophes should only be used to
Vhere have I seen this learning before?		possession or omission
will have seen this learning in previous core PE lessons in previous years.		 Days of the week and months must
		spelled correctly
		 Key words must be spelled correct
Vhat could I use it for?		
could use the skills that I learn to be a competent cricket player at an extra curricular or local cricket club.		
1 LP5.1, I will know: 12/05/25 - (WK 1)	Key Vocabulary	Homework
ow to warm up safely for sprinting, track safety and track etiquette;		To attend and engage in an extra-
iow to correctly pass and receive the baton using the own sweep technique; vhere to stand using the correct rules and regulations;	Power	curricular PE or sports club to furthe improve my components of fitness.
iow to correctly officiate an athlete taking part in a relay sprinting event;	FOWER	improve my components of nitress.
n LP5.2, I will know: 19/05/25 - (WK 2)	Key Vocabulary	Homework
ow to warm up safely for sprinting, track safety and track etiquette;		To attend and engage in an extra-
ow to correctly pass and receive the baton using the own sweep technique;		curricular PE or sports club to furthe
vhere to stand using the correct rules and regulations;	Reaction time	improve my components of fitness.
ow to correctly officiate an athlete taking part in a relay sprinting event;		
P5 RLW, I will: 02/06/25 - (WK 1)		
		To attend and engage in an extra-
eview my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	Free hit	curricular PE or sports club to furthe
		improve my components of fitness.
n LP5.3, I will know: 09/05/25 - (WK 2)	Key Vocabulary	Homework
recap and model the correct fielding technique when performing the long and short barrier.		To attend and engage in an extra-
and model the overarm throw with accuracy when under pressure in a competitive situation.	Daviasa	curricular PE or sports club to furthe
	Bouncer	improve my components of fitness.
xtended Task.		
n LP5.4, I will know: 16/06/25 - (WK 1)	Key Vocabulary	Homework
recap and model the correct technique when bowling seam with accuracy.		To attend and engage in an extra-
and model the correct grip and technique when bowling spin with accuracy to outwit and opponent.		curricular PE or sports club to furth
	Beamer	improve my components of fitness.
1 PS 5 1 will know 23/06/25 - (WK 2)	Key Vocabulary	Homework
n LP5.5, I will know: 23/06/25 - (WK 2) recap and model the correct grip and stance when batting.	Key Vocabulary	Homework To attend and engage in an extra-
n LP5.5, I will know: 23/06/25 - (WK 2) recap and model the correct grip and stance when batting. and model a range of attacking shots which can be used when batting.	Key Vocabulary	To attend and engage in an extra-
recap and model the correct grip and stance when batting.	Key Vocabulary Pull shot	To attend and engage in an extra- curricular PE or sports club to furth
recap and model the correct grip and stance when batting.		To attend and engage in an extra- curricular PE or sports club to furth
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