

Year 9 PE

Learning Programme 5

The LORIC skill focus for his LP is: COMMUNICATION. The Moral Virtues focus for this LP are: COURAGE and HUMILITY. Courage - Acting with bravery and overcoming fears. Humility - Having a modest view of oneself. What will I be learning about in this Learning Programme? I will be learning the correct techniques to perform a range of fielding, bowling and batting skills to outwit an opponent in a game of cricket. Where have I seen this learning before? I will have seen this learning in previous core PE lessons in previous years. What could I use it for? I could use the skills that I learn to be a competent cricket player at an extra curricular or local cricket club.			Literacy: <ul style="list-style-type: none">• Capital letters must be used at the start of sentences and for the first letter of proper nouns• Full stops must be used at the end of a sentence• Question marks must be used at the end of a question• Apostrophes should only be used for possession or omission• Days of the week and months must be spelled correctly• Key words must be spelled correctly
In LP5.1, I will know: how to warm up safely for sprinting, track safety and track etiquette; how to correctly pass and receive the baton using the own sweep technique; where to stand using the correct rules and regulations; how to correctly officiate an athlete taking part in a relay sprinting event;	12/05/25 - (WK 1) Key Vocabulary 		

