

## Year 12 Sport Unit 4



## Learning Programme 4

The LORIC skill focus for his LP is: INITIATIVE. The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE. Integrity - Having strong moral principles. Gratitude - Feeling and expressing thanks. What will I be learning about in this Learning Programme? How to write a report on the psychological factors that could impact on leadership and provide examples from different sport and exercise activities or environments. How to evaluate the internal and external factors and the importance of these and evaluate the forms of leadership and what effective leadership looks like from a psychological theoretical standpoint. Where have I seen this learning before? I would have covered this content during LP3		Literacy: • Capital letters must be used at the star of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly			
			What could I use it for? During my Learning Aim C delivery of a session.		
			n LP4.1, I will know: 10/03/25 - (WK 2)	Key Vocabulary	Homework
now to evaluate external psychological factors; here impact on leadership and sporting performance.	Motivation	Complete the identified work on the Everlearner			
n LP4.2, I will know: 17/03/25 - (WK 1)	Key Vocabulary	Homework			
now to evaluate internal psychological factors; here impact on leadership and sporting performance.	Self-Confidence	Complete the identified work on the Everlearner			
n LP4.3, I will know: 24/03/25 - (WK 2)	Key Vocabulary	Homework			
now to evaluate the importance of psychological factors; and consider aspects of safety, the environment, goal/outcome and particiapant interaction.	Environment	Complete the identified work on the Everlearner			
Extended Task.					
n LP4.4, I will know: 31/03/25 - (WK 1) and show clear knowledge and understand what effective leadership looks like;	Key Vocabulary	Homework Complete the identified work on the			
what forms leadership can take by evaluating the leadership theories.	Situational Leadership	Everlearner			
n LP4.5, I will know: 21/04/25 - (WK 2)	Key Vocabulary	Homework			
and show clear knowledge and understand what effective leadership looks like; what forms leadership can take by evaluating the leadership theories.	Transactional Leadership	Complete the identified work on the Everlearner			
n LP4.6, I will know: 28/04/25 - (WK 1) now to provide a good practice guide evaluating the implementation of appropraite leadership strategies; he features of leadership strategies and evaluate the effectiveness of them.	Key Vocabulary Clear Vision	Homework Complete the identified work on the Everlearner			
Extended Task.					
n LP4.7, I will know: 05/05/25 - (WK 2) now to provide a good practice guide evaluating the implementation of appropraite leadership strategies; the features of leadership strategies and evaluate the effectiveness of them.	Key Vocabulary Decision Making	Homework Complete the identified work on the Everlearner			
Resources to support learning: Knowledge Organisers / TheEverlearner.com https://theeverlearner.com					



PRT Task