

## Year 11 Subject Learning Programme 4

<p>The LORIC skill focus for this LP is: INITIATIVE.</p> <p>The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles.</p> <p>Gratitude - Feeling and expressing thanks.</p> <p><b>What will I be learning about in this Learning Programme?</b></p> <p>The technique required to perform the different skills in badminton.</p> <p>How to apply the skills in order to outwit an opponent.</p> <p>Attacking and defensive strategies used to outwit an opponent.</p> <p><b>Where have I seen this learning before?</b></p> <p>Prior learning may have been seen before in KS3 core PE lessons.</p> <p><b>What could I use it for?</b></p> <p>I could use the skills I learn in lessons to attend an extra curricular club or play competitively outside of school.</p>		<p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>• Full stops must be used at the end of a sentence</li> <li>• Question marks must be used at the end of a question</li> <li>• Apostrophes should only be used for possession or omission</li> <li>• Days of the week and months must be spelled correctly</li> <li>• Key words must be spelled correctly</li> </ul>
<p><b>In LP4.1, I will know:</b></p> <p>and recap the correct grip and ready position</p> <p>and recap the correct underarm serving technique</p> <p>and apply the above into a competitive game.</p>	<p>10/03/25 - (WK 2)</p> <p><b>Key Vocabulary</b></p> <p>Shuttlecock</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.2, I will know:</b></p> <p>and recap the correct backhand flick serve technique.</p> <p>and apply the above into a competitive game.</p>	<p>17/03/25 - (WK 1)</p> <p><b>Key Vocabulary</b></p> <p>Flick serve</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.3, I will know:</b></p> <p>and recap the correct overhead clear technique</p> <p>and apply the above into a competitive game.</p> <p>Extended Task.</p>	<p>24/03/25 - (WK 2)</p> <p><b>Key Vocabulary</b></p> <p>Overhead clear</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.4, I will know:</b></p> <p>and recap the correct forehand smash technique</p> <p>and apply the above into a competitive game.</p>	<p>31/03/25 - (WK 1)</p> <p><b>Key Vocabulary</b></p> <p>Smash shot</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.5, I will know:</b></p> <p>and recap the correct net shot technique.</p> <p>and apply the above into a competitive game.</p>	<p>21/04/25 - (WK 2)</p> <p><b>Key Vocabulary</b></p> <p>Net shot</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.6, I will know:</b></p> <p>and recap the areas for serving and in play for doubles and singles.</p> <p>and apply the above into a competitive game.</p> <p>Extended Task.</p>	<p>28/04/25 - (WK 1)</p> <p><b>Key Vocabulary</b></p> <p>Fault</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>In LP4.7, I will know:</b></p> <p>and apply all I have learnt over the last 6 weeks into a tournament.</p>	<p>05/05/25 - (WK 2)</p> <p><b>Key Vocabulary</b></p> <p>Double hit</p>	<p><b>Homework</b></p> <p>To attend and engage in an extra-curricular PE or sports club to further improve my components of fitness.</p>
<p><b>Resources to support learning:</b></p> <p><a href="https://www.youtube.com/watch?v=S2-G_tbj80">https://www.youtube.com/watch?v=S2-G_tbj80</a></p>		
<p><b>FEET Award Challenge for this Learning Programme:</b></p> <p>To attend at least one extra-curricular club a week for the 7 week learning programme.</p>		

