

## **PSHE**, Citizenship, Politics and Careers



|                              | KS4 Curriculum Plan 2024 - 2025   |   |  |   |  |  |
|------------------------------|---|---|--|---|--|--|
|                              | LP1   | LP2   | LP3  | LP4   | LP5  |  |
| PSHE                         | PSHE: Pupils will know the impacts on attitudes and behaviour of viewing explicit material. They will know to use judgement in assessing reality within online material. Pupils will know the role of exploitation within the context of online material, bullying implications and the laws concerning pomography. Pupils will know what informed consent is and the law regarding consent. They will know how to report or seek advice around sexual consent. (R8, R3, R15, R14) (R28, R30, R29, R22) (GB: 3)   | PSHE: Pupil will know the definition of sexual coercion. Pupils will know the impact of alcohol and drugs on decision making and the risks. Pupils will know what fertility is and the myths that surround fertility. Pupils will know what every day triggers can cause stress and how to manage these triggers to support mental well-being. (R29) (H19, H20, H21) (H5, H6, H8, R31) (GB 2, 3 6)  | PSHE: Pupils will know how violent aggression impacts on mental health. They will know the causes and consequences of antisocial behaviour. Pupils will know what PTSD is and how it links to trauma. Pupils will know what trolling is and the effects of excessive time spent on screen. They will know what obsessive online behaviours are and link to bullying (R8, R3, R15, R14, R16, H22) (H10) (GB: 2) (R8, R3, R15, R14, R16, H22)  | PSHE: Pupils will know what Catfishing is and how to access self-help for our online behaviours. Pupils will know how to manage healthy habits using social media. Pupils will know what alcohol and drug dependency is in terms of a chemical and behavioural addiction. They will know the specifics of certain types of drugs and the consequences of addiction and withdrawal. They will know where to seek help and advice.  (R7, R1, H23) (H19, H20, H21) (GB: 2, 5)  (H19, H20, H21) | PSHE: Pupils will know the definition of alcoholism and what functioning alcoholism means as well as the impacts on health. Pupils will know how to recognise exam anxiety and explore stigmas within mental health issues. Pupils will know how and where to seek support. (H19, H20, H21) (GB:3) (H1 H7, H9)   |  |
| Politics / Citizenship       | Politics/Citizenship: Pupils will know what role the media plays in democracy. Pupils will know what the term responsible journalism means and how the media is regulated in the UK. Pupils will know what misinformation means and the impact it can have on society. The pupils will know what free press means vs censorship means.  | Politics/Citizenship: Pupils will know what Active Citizenship project is and the skills required to complete one. Pupils will know a range of topics to base their projects on in order to select one. Pupils will know the importance of primary and secondary research within the project. They will know how to plan their project. Pupils will know how different types of campaigning might suit differing target groups. Pupils will know how to evaluate their projects.  | Politics/Citizenship: Pupils will know how democracy can be strengthened in society and know the difference between direct and representative democracy. Pupils will know what first past the post and proportional representation are within voting systems. Pupils will know how to explore the strengths and weaknesses of democracy within the UK.   | Politics/Citizenship: Pupils will know how laws are enforced and the different functions of punishment within the criminal justice system. They will know the different types of sentences available to the courts. Pupils will know how to discuss their opinions on whether laws need updating.   | Politics/Citizenship: Pupils will know what the economy is and how to define a healthy or recessive economy. Pupils will know the different types of taxation and how the money is used. Pupils will know how local government is funded and what privatisation means. Pupils will know what the United nations, the commonwealth and the world trade organisation is and UK's role within it. Pupils will know what Brexit is and what the European Union is. They will know what the UK's global humanitarian efforts are. |  |
| Careers                      | Careers: Pupils will know how to complete a personality quiz using Unifrog resources and use the findings to understand their own strengths.  | Careers: Pupils will know what experience of work expectations are. They will know how to use Unifrog resources to support them . They will know how to feed back their Career aspirations and record during Annual Review meetings with LCO / KWI.   | Careers: Pupils will know the process for contacting employers positively and confidently and the skills required to do so.  | Careers: Pupils will know how to use the search engine to explore a range of jobs, salaries and range of qualifications needed.   | Careers: Pupils will know the skills required to contribute as a team. The will know the roles and skills needed to successfully collaborate positively.   |  |
| Skills                       | Having gained the knowledge within the KS3 programme, ultimately, this curriculum aims to equip young people to live their lives safely and happily, treating others with care and respect. It aims to give them the knowledge to make their own informed lifestyle decisions (within the law), and to maintain their own self-care, through the embedding of this knowledge and the skill of deep reflection and consideration of perspective.   |   |  |   |  |  |
| Key Vocab                    | Consent Exploitation Stereotypes Distorted Expectations Explicit<br>Material Bullying   | Fertility Infertility Sexual Coercion, Bullying, Contraception Consent  | PTSD FOMO Trauma Guilt Mental Health Finance Muting  | Addiction Psychological Withdrawal Catfishing Time management   | Stigma Dependency Functioning Alcoholism Coping mechanisms Bullying  |  |
|                              |   |   |  |   |  |  |
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|                              | LP1   | LP2   | LP3  | LP4   | LP5  |  |
| <u>PSHE</u>                  | PSHE: Pupils will know what different types of betting there are, their purpose to make profit and their impact. Pupils will know how advertising impacts perceptions of gambling. They will know how to identify signs of problem gambling, where to seek support and the risks of financial lending online. Pupils will know what forced marriage is and the difference between forced and arranged marriage.  (H25, L19, L24) (R10, R33) (GB: 37)  | LPZ  PSHE: Pupils will what honour-based violence is. They will know the definition of FGM and where to seek advice or support. Pupils will know signs and symptoms of early pregnancy and choices. They will know the abortion act 1967. Pupils will know what constitutes a healthy pregnancy, the process of labour. They will know the definition of miscarriage and stillbirth. Pupils will know what other options there are to having a baby. Pupils will know the benefits of healthy eating. (R33, H22) (H930, H32, H33, R23, R24, R26, R27R) (GB:3 7) (H11) (H11)   | PSHE: Pupils will know benefits of healthy lifestyle in minimising issues in later life. Pupils will know their choices approaching adult hood in terms of blood donation, stem cell donation and organ donation. Pupils will know the definition of recreational drugs and their risks. They will know the effects, risks and status within the law. Pupils will know what health prevention, self-care and self-awareness is it terms of self-examination. Pupils will know what screening and smear tests are. (H15, H26) (H19, H20, H21) (GB:3 4 7) (H14, H16)   |   | PSHE: Pupils will know strategies for coping with exam stress, revision and interventions. (R9) (GB:2 3 7)   |  |
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| Politics /<br>Citizenship    | PSHE: Pupils will know what different types of betting there are, their purpose to make profit and their impact. Pupils will know how advertising impacts perceptions of gambling. They will know how to identify signs of problem gambling, where to seek support and the risks of financial lending online. Pupils will know what forced marriage is and the difference between forced and arranged marriage.  (H25, L19, L24) (R10, R33) (GB: 3 7)  Politics/citizenship: Pupils will know what is meant by identity within the UK and the concept of British values. Pupils will know how changes within UK population impact on society. The pupils will know what a diverse society means within the UK. Pupils will know how tolerance and respect within diversity is crucial in reducing inequality and discrimination. They will know what community cohesion means.  Careers: Pupils will know how to use the Unifrog resources in order to explore post 16 choices. | PSHE: Pupils will what honour-based violence is. They will know the definition of FGM and where to seek advice or support. Pupils will know signs and symptoms of early pregnancy and choices. They will know the abortion act 1967. Pupils will know what constitutes a healthy pregnancy, the process of labour. They will know the definition of miscarriage and stillbirth. Pupils will know what other options there are to having a baby. Pupils will know the benefits of healthy eating. (R33, H22) (H930, H32, H33, R23, R24, R26, R27R) (GB:3 7) (H11) (H11)  Politics/citizenship: Pupils will know how the House of Commons is arranged compared to other debating chambers. Pupils will know some parliamentary procedures and be able to articulate their opinion on whether modemisation is required. Pupils will know what an uncodified constitution and bicameral system means. Pupils will know what the UK supreme court does.  Careers: Pupils will know what BTECs are and the various levels / subjects available post 16. | PSHE: Pupils will know benefits of healthy lifestyle in minimising issues in later life. Pupils will know their choices approaching adult hood in terms of blood donation, stem cell donation and organ donation. Pupils will know the definition of recreational drugs and their risks. They will know the effects, risks and status within the law. Pupils will know what health prevention, self-care and self-awareness is it terms of self-examination. Pupils will know what screening and smear tests are. (H15. H26) (H19. H20. H21) (GB:3 4 7) (H14. H16)  Politics/citizenship: Pupils will know how rights have developed from the Magna Carta to the Human Rights Act 1998. Pupils will know what their right to protest is and will know case studies of protests that have been key to effecting change. Pupils will know how to articulate their views about the balance of the right to protest and breaking the law. Pupils will know what pressure groups are and the role they play in society.  Careers: Pupils will know how to use Unifrog resources to research potential careers, degree subjects, and interests that will help them to identify A-Level options | PSHE: Pupils will know strategies for coping with exam stress, revision and interventions. (R9) (GB:2 3 7)  Politics/citizenship: Pupils will know a democratic and non-democratic government is and how they compare. They will know how Westminster and the US congress compare.  Careers: Pupils will know how to use Unifrog in order to gain information about apprenticeships and T levels.   | PSHE: Pupils will know strategies for coping with exam stress, revision and interventions. (R9) (GB:2 3 7)  Politics/citizenship: Pupils will know how to review their learning on the topics of holding the media to account, the role of democracy, the right to protest and how the UK plays a meaningful role in the international community.  Careers: Pupils will know how to record their destinations post 16.   |  |