

# Year 8 PSHE Politics and Citizenship

## Learning Programme 3

The LORIC skill focus for this LP is: RESILIENCE. The Moral Virtues focus for this LP are: RESPECT and JUSTICE Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable.	<b>Literacy:</b> <ul style="list-style-type: none"> <li>Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>Full stops must be used at the end of a sentence</li> <li>Question marks must be used at the end of a question</li> <li>Apostrophes should only be used for possession or omission</li> <li>Days of the week and months must be spelled correctly</li> <li>Key words must be spelled correctly</li> </ul>
<b>What will I be learning about in this Learning Programme?</b> KS2 and LP1 & 2 Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.	
<b>Where have I seen this learning before?</b> KS2, Year 7 and LP1 & 2 Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship. Knowledge of PSHE: health education, relationships / RSE, economics and careers.	
<b>What could I use it for?</b> Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner in order to equip me to navigate the world around me.	

<b>In LP3.1, I will know:</b>	<b>06/01/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
how to recognise outward signs of mental wellbeing concerns; in AR citizenship and politics, what the age of criminal responsibility is.		mental wellbeing	

<b>In LP3.2, I will know:</b>	<b>13/01/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
how to recognise more subtle signs of mental wellbeing concerns; in AR citizenship and politics, how the criminal justice system is applied to young people.		physical symptoms	



<b>In LP3.3, I will know:</b>	<b>20/01/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
how I can take action to minimise mental wellbeing concerns; in AR citizenship and politics, how to debate whether the age of criminal responsibility should be reviewed.		talking / sharing	
Extended Task.			

<b>In LP3.4, I will know:</b>	<b>27/01/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
how to use UNIFROG to support my careers journey in exploring the carers library; in AR citizenship and politics, how citizens can take action.		careers	

<b>In LP3.5, I will know:</b>	<b>03/02/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
that by taking action, I can minimise mental wellbeing concerns in others; in AR citizenship and politics, what pressure groups, protest groups and social movements are.		empathy / kindness	



<b>In LP3.6, I will know:</b>	<b>10/02/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
that by taking action, I can minimise mental wellbeing concerns in others; in AR citizenship and politics, what pressure groups, protest groups and social movements are.		school nurse / GP / CAHMS	
Extended Task.			

<b>In LP3.7, I will know:</b>	<b>17/02/25 - (WK 2)</b>	<b>Key Vocabulary</b>	
what the definition of body image is; in AR citizenship and politics, what effective change looks like.		Self perception	

<b>In LP3.8, I will know:</b>	<b>03/03/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
about Careers using Unifrog; in AR citizenship and politics, whether citizens can change laws.		changes in law	

<b>Resources to support learning:</b> My form tutor, my HOL, <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a> <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/">https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/</a> <a href="https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health">https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/health-and-wellbeing/mental-health</a> <a href="http://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/">www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/</a> <a href="https://papyrus-uk.org/">https://papyrus-uk.org/</a> <a href="http://www.internetmatters.org/">www.internetmatters.org/</a>
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<b>FFET Award Challenge for this Learning Programme:</b> Create a help sheet to support how we can improve mental wellbeing.
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