

Year 9 PE Learning Programme 3

<p>The LORIC skill focus for this LP is: RESILIENCE The Moral Virtues focus for this LP are: RESPECT and JUSTICE</p> <p>Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable.</p> <p>What will I be learning about in this Learning Programme? Different leadership skills that make a good leader</p> <p>Where have I seen this learning before? These skills will have been seen being used by teachers/coaches.</p> <p>What could I use it for? Improving my own and other participants sporting performance.</p>		<p>Literacy:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly
<p>In LP3.1, I will know: 06/01/25 - (WK 2)</p> <p>and understand what makes a successful sports leader and discuss the organisational skills required to plan and deliver activity sessions.</p>	<p>Key Vocabulary</p> <p>Communication</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.2, I will know: 13/01/25 - (WK 1)</p> <p>and explore ways in which we can communicate (verbal and non-verbal); and participate in a variety of warm up games, to develop knowledge and understanding of ideas.</p>	<p>Key Vocabulary</p> <p>Organisation</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.3, I will know: 20/01/25 - (WK 2)</p> <p>and collaborate within a small group to discuss warm up games and plan a warm up activity; and with my group to discuss roles when leading the warm up.</p>	<p>Key Vocabulary</p> <p>Encouragement</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.4, I will know: 27/01/25 - (WK 1)</p> <p>and discuss leadership experience with my group and evaluate performance; and learn why health and safety is important in activity sessions;</p> <p>Extended Task.</p>	<p>Key Vocabulary</p> <p>Patience</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.5, I will know: 03/02/25 - (WK 2)</p> <p>and work within my group to plan a skill practice for football. and practice leading the session to a small group.</p>	<p>Key Vocabulary</p> <p>Confidence</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.6, I will know: 10/02/25 - (WK 1)</p> <p>and participate in a variety of activities, taking on the role of the official; and develop the ability to apply rules to activities and control the game using hand gestures/whistle.</p>	<p>Key Vocabulary</p> <p>Teamwork</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>LP3 RLW, I will: 24/02/25 - (WK 2)</p> <p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>	<p>Key Vocabulary</p> <p>Decision making</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>In LP3.7, I will know: 03/03/25 - (WK 1)</p> <p>and evaluate my performance highlighting areas of strength and areas for improvement;</p> <p>Extended Task.</p>	<p>Key Vocabulary</p> <p>Adaptability</p>	<p>Homework</p> <p>Practice skills learnt outside of the classroom and watch youtube videos to consolidate learning.</p>
<p>Resources to support learning: BBC Bitesize Youtube</p>		
<p>FFET Award Challenge for this Learning Programme: Create a leaflet on a sports leader of your choice identifying the skills and attributes which make them a good leader.</p>		

PRT Task 1

PRT Task 2