

Year 7 Subject

Learning Programme 3

<p>The LORIC skill focus for his LP is: RESILIENCE The Moral Virtues focus for this LP are: RESPECT and JUSTICE</p> <p>Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable.</p> <p>What will I be learning about in this Learning Programme? How to perform the different types of badminton shot in isolation and through conditioned practices</p> <p>Where have I seen this learning before? Potentially at primary school or outside the classroom at a badminton club</p> <p>What could I use it for? To improve my hand eye coordination skills and when I play doubles to develop my collaboration and leadership skills</p>		<p>Literacy:</p> <ul style="list-style-type: none"> Capital letters must be used at the start of sentences and for the first letter of proper nouns Full stops must be used at the end of a sentence Question marks must be used at the end of a question Apostrophes should only be used for possession or omission Days of the week and months must be spelled correctly Key words must be spelled correctly
<p>In LP3.1, I will know: 06/01/25 - (WK 2)</p> <p>how to IDENTIFY and EXPLAIN the coaching points for how to perform a forehand serve how to technically DEVELOP a forehand serve</p>	<p>Key Vocabulary</p> <p>Flick Serve</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP3.2, I will know: 13/01/25 - (WK 1)</p> <p>how to IDENTIFY and EXPLAIN the coaching points for how to perform a backhand serve how to technically DEVELOP a backhand serve</p>	<p>Key Vocabulary</p> <p>Double Hit</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP3.3, I will know: 20/01/25 - (WK 2)</p> <p>how to IDENTIFY and EXPLAIN the coaching points for how to perform an overhead clear correctly how to technically DEVELOP an overhead clear</p>	<p>Key Vocabulary</p> <p>Extension</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP3.4, I will know: 27/01/25 - (WK 1)</p> <p>how to IDENTIFY and EXPLAIN the coaching points for how to perform a drop shot how to technically DEVELOP an overhead clear</p> <p>Extended Task.</p>	<p>Key Vocabulary</p> <p>Disguise</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP3.5, I will know: 03/02/25 - (WK 2)</p> <p>how to EVALUATE my performance in a competitive game on singles highlighting areas of strength and areas for improvement; how to MODEL a range of techniques to help me complete the core task assessment for this LP. how to complete a range of practices to help me improve on my weaknesses.</p>	<p>Key Vocabulary</p> <p>Evaluate</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP3.6, I will know: 10/02/25 - (WK 1)</p> <p>IDENTIFY and EXPLAIN the coaching points for how to perform a smash shot. how to technically DEVELOP an overhead clear.</p>	<p>Key Vocabulary</p> <p>Transfer of Weight</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>LP3 RLW, I will: 24/02/25 - (WK 2)</p> <p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>	<p>Key Vocabulary</p> <p>Review</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them</p>
<p>In LP3.7, I will know: 03/03/25 - (WK 1)</p> <p>how to IDENTIFY and EXPLAIN how to best outwit an opponent in a doubles game. how to DEMONSTRATE the ability to outwit an opponent in a singles game.</p> <p>Extended Task.</p>	<p>Key Vocabulary</p> <p>Outwit</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a badminton club or watch a youtube clip on how to apply them effectively.</p>
<p>Resources to support learning: My LP3 Knowledge Organiser</p>		
<p>FFET Award Challenge for this Learning Programme: Be able to perform a rally incorporating all types of shot learned in the LP</p>		

