

## Year 12 Sport Learning Programme 3

<p>The LORIC skill focus for his LP is: RESILIENCE The Moral Virtues focus for this LP are: RESPECT and JUSTICE Respect - treat others how you would wish to be treated yourself. Justice - our College rules are fair and reasonable.</p>		<p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>• Full stops must be used at the end of a sentence</li> <li>• Question marks must be used at the end of a question</li> <li>• Apostrophes should only be used for possession or omission</li> <li>• Days of the week and months must be spelled correctly</li> <li>• Key words must be spelled correctly</li> </ul>	
<p><b>What will I be learning about in this Learning Programme?</b> The importance of psychological factors and their link with effective leadership</p>			
<p><b>Where have I seen this learning before?</b> School Career appointments; Had prior experience through participation/ coaching/ teaching; Leadership opportunities through school sport</p>			
<p><b>What could I use it for?</b> Set myself goals to strive to becoming a Sports Leader as a potential career; Apply for Level 1 coaching/leadership qualifications; offer to take part in voluntary school sports leadership opportunities with lunchtime and after school sports clubs/teams</p>			
<b>In LP3.1, I will know:</b>	<b>06/01/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>how external psychological factors impact on leadership; how team and group cohesion can impact on success and failure; what factors can impact team cohesion.</p>		Clique	Complete the identified work on the Everlearner
<b>In LP3.2, I will know:</b>	<b>13/01/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>what social loafing is; how social loafing can impact on leadership; what the ringelmann effect is; how the ringelmann effect can impact on leadership.</p>		Social Loafing Ringlemann Effect	Complete the identified work on the Everlearner
<b>In LP3.3, I will know:</b>	<b>20/01/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>how personalities can impact on leadership; the different personality types; how confidence can impact on leadership.</p>		Introvert Extrovert	Complete the identified work on the Everlearner
<b>In LP3.4, I will know:</b>	<b>27/01/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>the different types of motivation; how motivation can impact on leadership.</p> <p>Extended Task.</p>		Intrinsic Extrinsic	Complete the identified work on the Everlearner
<b>In LP3.5, I will know:</b>	<b>03/02/25 - (WK 2)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>how anxiety and arousal can impact on leadership.</p>		Psyche Arousal	Complete the identified work on the Everlearner
<b>In LP3.6, I will know:</b>	<b>10/02/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>how internal psychological factors impact on leadership; how attribution theory and self-confidence impact on leadership; how self-esteem impacts on leadership.</p>		Self-Confidence	Complete the identified work on the Everlearner
<b>LP3 RLW, I will:</b>	<b>24/02/25 - (WK 2)</b>		
<p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>			Complete the identified work on the Everlearner
<b>In LP3.7, I will know:</b>	<b>03/03/25 - (WK 1)</b>	<b>Key Vocabulary</b>	<b>Homework</b>
<p>how past experiences impacts on leadership; how self-serving bias impacts on leadership; how behaviour (accidental v intentional) impacts on leadership.</p> <p>Extended Task.</p>		Behaviour	Complete the identified work on the Everlearner
<b>Resources to support learning:</b>			
<p>"Knowledge Organisers / TheEverlearner.com <a href="https://theeverlearner.com">https://theeverlearner.com</a></p>			
<b>FFET Award Challenge for this Learning Programme:</b>			
<p>Deliver a warm up session at an extra curricular activity</p>			

