



## Year 10 Combined Science (Bio/Chem) **Learning Programme 3**

Learning Programme 3		
The LORIC skill focus for his LP is: RESILIENCE		Literacy:
The Moral Virtues focus for this LP are: RESPECT and JUSTICE		Capital letters must be used at the star
Respect - treat others how you would wish to be treated yourself.		of sentences and for the first letter of
Justice - our College rules are fair and reasonable.		proper nouns  • Full stops must be used at the end of a
What will I be learning about in this Learning Programme?		sentence
You are learning about the structure and function of various organ systems, including the digestive system and the circulatory system.		Question marks must be used at the
		end of a question
Where have I seen this learning before?		Apostrophes should only be used for
		possession or omission
You have learnt about these systems at KS3 and primary school.		Days of the week and months must be
, , , , , , , , , , , , , , , , , , , ,		spelled correctly
		Key words must be spelled correctly
What could I use it for?		
You will use this knowledge in A-level Biology, BTEC Applied Science and if you pursue a BSc in Sports Science.		
Too will use this knowledge in A level Biology, Direc Applied Science and it you pursue a Doc in Sports Science.		
In LP3.1, I will know: 06/01/25 - (WK 2)	Key Vocabulary	Homework
the different food groups and their importance for a heathy diet;		Past paper questions on food tests.
how to investigate the main food groups using standard food tests;		
review the results of food tests.	reagents	
In LP3.2, I will know: 13/01/25 - (WK 1)	Key Vocabulary	Homework
the roles played by different digestive enzymes and the factors that may affect them;	Key Vocabulary	Past paper questions on the amylase
how to investigate the effect of pH on the rate of amylase action.		practical.
To the state of th	enzyme	p.ddc.
In LP3.3, I will know: 20/01/25 - (WK 2)	Key Vocabulary	Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi;	Key Vocabulary	Homework Past paper questions on the heart.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves;		
how hydrochloric acid and bile make digestion more efficient structure of the villi;	Key Vocabulary circulation	
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.	circulation	Past paper questions on the heart.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)		Past paper questions on the heart.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it;	circulation	Past paper questions on the heart.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know: 27/01/25 - (WK 1) causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function;	circulation  Key Vocabulary  cardiovascular	Past paper questions on the heart.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it;	circulation  Key Vocabulary	Past paper questions on the heart.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know: 27/01/25 - (WK 1) causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function;	circulation  Key Vocabulary  cardiovascular	Past paper questions on the heart.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.	circulation  Key Vocabulary  cardiovascular	Past paper questions on the heart.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2) the importance of surface area to volume ratio and how to calculate it;	circulation  Key Vocabulary  cardiovascular disease	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2) the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2) the importance of surface area to volume ratio and how to calculate it;	circulation  Key Vocabulary  cardiovascular disease	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2) the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2) the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task. In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  o3/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli;	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Homework Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas exchange system.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  o3/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume  Key Vocabulary  transpiration	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - {WK 1}  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - {WK 2}  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - {WK 1}  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.  LP3 RLW, I will:  24/02/25 - {WK 2}	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume	Homework Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas exchange system.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  10/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.  LP3 RLW, I will:  24/02/25 - (WK 2)  review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume  Key Vocabulary  transpiration	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas exchange system.
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  03/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.  LP3 RLW, I will:  24/02/25 - (WK 2)  review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.  In LP3.7, I will know:  03/03/25 - (WK 1)	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume  Key Vocabulary  transpiration	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas exchange system.  Learning review activity
how hydrochloric acid and bile make digestion more efficient structure of the villi; the structure and function of blood vessels in carrying blood and the importance of valves; the structure and function of the heart.  In LP3.4, I will know:  27/01/25 - (WK 1)  causes and symptoms of CVD and how to treat it; the structure of blood and how it is adapted to its function; explain the changes that happen in the body due to exercise.  Extended Task.  In LP3.5, I will know:  10/02/25 - (WK 2)  the importance of surface area to volume ratio and how to calculate it; the adaptations of the gas exchange surfaces; the organs and tissues in the human gas exchange system, their roles and how breathing occurs.  In LP3.6, I will know:  10/02/25 - (WK 1)  the structure of the human gas exchange system and how gases are exchanged across the alveoli; the parts of the plant organ system and describe how substances are transported around the plant.  LP3 RLW, I will:  24/02/25 - (WK 2)  review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	circulation  Key Vocabulary  cardiovascular disease  Key Vocabulary  surface area: volume  Key Vocabulary  transpiration	Past paper questions on the heart.  Homework Past paper questions on blood.  Homework Past paper questions on gas exchange surfaces.  Homework Past paper questions on the human gas exchange system.

stomata



Resources to support learning:
Knowledge organiser, BBC GCSE bitesize, science booklet, Synergy.

## FFET Award Challenge for this Learning Programme:

Create a revision resource on a topic of your choice.