

Year 10 PE - Football

Learning Programme 2

The LORIC skill focus for his LP is: ORGANISATION The Moral Virtues focus for this LP are: COMPASSION and HONESTY Compassion - the quality of feeling pity and concern for the sufferings or misfortunes of others. Honesty - the quality of being truthful.	Literacy: <ul style="list-style-type: none"> Capital letters must be used at the start of sentences and for the first letter of proper nouns Full stops must be used at the end of a sentence Question marks must be used at the end of a question Apostrophes should only be used for possession or omission Days of the week and months must be spelled correctly Key words must be spelled correctly
What will I be learning about in this Learning Programme? I will be learning about Working as a Team through the concepts of Attacking and Defensive Strategies in Football	
Where have I seen this learning before? I will have seen this if I play or have played for a football club. I could have also seen this if I watch high performance football matches on the television and watch the analysis programme after game has finished.	
What could I use it for? Applying tactics and strategies within my own and the teams performance to aid getting a positive result.	

In LP2.1, I will know:	21/10/24 - (WK 2)	Key Vocabulary	Homework
How to create and use attacking overloads; and understand the benefits of creating an overload when attacking; how to use an overload effectively to outwit opponents.		Overload	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

In LP2.2, I will know:	04/11/24 - (WK 1)	Key Vocabulary	Homework
how to use an attacking strategy effectively; and be able to create width with positioning during games; how to exploit width and space as an attacking strategy.		Width	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

LP2 RLW, I will:	11/11/24 - (WK 2)		
review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.		Review	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

In LP2.3, I will know:	18/11/24 - (WK 1)	Key Vocabulary	
how to use the attacking strategy of counter attacking; how to counter-attack with speed and control or attack through ball retention and incisive use of possession.		Counter Attack	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.
Extended Task. Watch live and recorded matches, to appreciate high-quality performance and how teams apply counter attacking as			



In LP2.4, I will know:	25/11/24 - (WK 2)	Key Vocabulary	Homework
how to apply the tactics and strategies of counter attacking and possession; and understand how team formations can aid this.		Formations	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

In LP2.5, I will know:	02/12/24 - (WK 1)	Key Vocabulary	Homework
how to stop attacks effectively using coordinated pressing and the offside trap; the need to make decisions about the choice of a defensive strategy to delay or dispossess an opponent.		Offside	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

In LP2.6, I will know:	09/12/24 - (WK 2)	Key Vocabulary	Homework
how to stop attack effectively using mid and low block strategies; and understand and appreciate the need to make decisions about choice of defensive strategy to delay or dispossess an opponent.		Low Block	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.
Extended Task. Take part in school sport, either competitively or socially			



In LP2.7, I will know:	16/12/24 - (WK 1)	Key Vocabulary	Homework
how to apply the tactics and strategies of pressing, offside trap and mid/low block; and understand the specific skills needed to do this.		Tactics and Strategies	Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.

Resources to support learning:
Your LP2 Knowledge Organiser

FFET Award Challenge for this Learning Programme:
Create a training programme to support the development of components of fitness in a sport of your choice.