

Year 9 PE - Football

Learning Programme 2

<p>The LORIC skill focus for his LP is: ORGANISATION</p> <p>The Moral Virtues focus for this LP are: COMPASSION and HONESTY</p> <p>Compassion - the quality of feeling pity and concern for the sufferings or misfortunes of others.</p> <p>Honesty - the quality of being truthful.</p> <p>What will I be learning about in this Learning Programme?</p> <p>I will be learning about working as a team through the concepts of attacking and defensive strategies in football</p> <p>Where have I seen this learning before?</p> <p>I will have seen this if I play or have played for a football club. I could have also seen this if I watch high performance football matches on the television and watch the analysis programme after game has finished.</p> <p>What could I use it for?</p> <p>Applying tactics and strategies within my own and the teams performance to aid getting a positive result.</p>		<p>Literacy:</p> <ul style="list-style-type: none"> • Capital letters must be used at the start of sentences and for the first letter of proper nouns • Full stops must be used at the end of a sentence • Question marks must be used at the end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly
<p>In LP2.1, I will know:</p> <p>the benefits of creating an overload when attacking. how to use an overload effectively to outwit opponents. 2v1 & 3v2 practices & small sided games.</p>	<p>21/10/24 - (WK 2)</p> <p>Key Vocabulary</p> <p>VAR</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP2.2, I will know:</p> <p>how teams create width with their formation and also run patterns. how to create width with positioning during games. how to attack from wide areas and use switches in play to exploit width and space.</p>	<p>04/11/24 - (WK 1)</p> <p>Key Vocabulary</p> <p>Offside</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>LP2 RLW, I will:</p> <p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>	<p>11/11/24 - (WK 2)</p> <p>Key Vocabulary</p> <p>Cruyff turn</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them</p>
<p>In LP2.3, I will know:</p> <p>why teams use counter attacking and possession and understand how game state effects strategy. the importance of playing into space in order to attack how to develop strategic and tactical play. how to counter-attack with speed and control or attack through ball retention and incisive use of possession.</p> <p>Extended Task.</p>	<p>18/11/24 - (WK 1)</p> <p>Key Vocabulary</p> <p>Linesman</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP2.4, I will know:</p> <p>how to apply the tactics and strategies of counter attacking and possession based build up; how team formations can aid counter-attack.</p>	<p>25/11/24 - (WK 2)</p> <p>Key Vocabulary</p> <p>Man to man marking</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP2.5, I will know:</p> <p>how to stop attack effectively using coordinated pressing and the offside trap; the strengths and challenges of coordinated pressing and the offside trap; how to make decisions about choice of defensive strategy to delay or dispossess an opponent.</p>	<p>02/12/24 - (WK 1)</p> <p>Key Vocabulary</p> <p>Zonal defence</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP2.6, I will know:</p> <p>how to stop attack effectively using mid and low block strategies; the strengths and challenges of these strategies; how to make decisions about choice of defensive strategy to delay or dispossess an opponent.</p> <p>Extended Task.</p>	<p>09/12/24 - (WK 2)</p> <p>Key Vocabulary</p> <p>Pressing</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>In LP2.7, I will know:</p> <p>how to apply the tactics and strategies of pressing, offside trap and mid/low block; the specific skills required for pressing, offside trap and mid/low block' how team formations can aid this.</p>	<p>16/12/24 - (WK 1)</p> <p>Key Vocabulary</p> <p>Block</p>	<p>Homework</p> <p>Practice skills learned outside of the classroom at a football club or watch a youtube clip on how to apply them effectively.</p>
<p>Resources to support learning:</p> <p>https://www.youtube.com/@r2fteachpe</p>		
<p>FFET Award Challenge for this Learning Programme:</p> <p>Create a training programme to support the development of components of fitness in a sport of your choice.</p>		

