



Year 7 PE - Dance

Learning Programme 2

The LORIC skill focus for his LP is: ORGANISATION		Literacy:
The Moral Virtues focus for this LP are: COMPASSION and HONESTY		Capital letters must be used at the s
Compassion - the quality of feeling pity and concern for the sufferings or misfortunes of others.		of sentences and for the first letter of
Honesty - the quality of being truthful.		 Full stops must be used at the end
What will I be learning about in this Learning Programme?		sentence
n this learning programme, I will be learning how to successfully and confidently perform in individual sports. Specifically focusing on d	ance.	• Question marks must be used at th
		end of a question
		 Apostrophes should only be used for
Where have I seen this learning before?		possession or omission
may have prior knowledge of individuals sports from key stage 2 or from participation outside of school.		 Days of the week and months must
		spelled correctlyKey words must be spelled correctl
Nikola and di tura ta fano)		s ney words must be spened correct
What could I use it for? t could be used so I can participate in clubs outside of school or extra-curricular clubs within school.		
n LP2.1, I will know: 21/10/24 - (WK 2)	Key Vocabulary	Homework
he meaning of the word aesthetic an how to incorporate this into dance; -the terms		Reflect on your strengths and
choreography and stimulus; the significance of timing,	Aesthetics Stimulus	weaknesses this week. Make a plan h
clarity and focus within dance performances; how motifs can be developed.	Motifs	to address this.
n LP2.2, I will know: 04/11/24 - (WK 1)	Key Vocabulary	Homework
now to use basic timing when listening to music; how to develop		Reflect on your strengths and
confidence when discussing expressive movement terminology; how to perform basic		weaknesses this week. Make a plan l
expressive movements; how to perform movements in unison and	Unison Cannon	to address this.
ilso cannon.		
.P2 RLW, I will: 11/11/24 - (WK 2)		
		Reflect on your strengths and
eview my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.	Choreography	weaknesses this week. Make a plan
		how to address this.
n LP2.3, I will know: 18/11/24 - (WK 1)	Key Vocabulary	Homework
now to perform a motif and begin to develop expressive movements; now to combine unison and cannon skills into motifs.		Reflect on your strengths and weaknesses this week. Make a plan of
to combine unison and cannon skins into motifs.	Expression	how to address this.
	Narratives	now to address this.
Extended Task.		
xtended Task.		
n LP2.4, I will know: 25/11/24 - (WK 2)	Key Vocabulary	Homework
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate	Key Vocabulary	Reflect on your strengths and
n LP2.4, I will know: 25/11/24 - (WK 2)		Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate	Key Vocabulary Sequence Mirror	Reflect on your strengths and
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate		Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1)		Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to discover	Sequence Mirror	Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework Reflect on your strengths and
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1)	Sequence Mirror Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan o
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to discover	Sequence Mirror Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework Reflect on your strengths and
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to discover	Sequence Mirror Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan o
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to discover	Sequence Mirror Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan o how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan o
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. how to accumulate n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to discover he highlight of the routine and focus on how this demonstrates the narrative to the audience. how to discover	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. how to accumulate n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. how to discover n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover how to develop how to discuss	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane Homework Reflect on your strengths and weaknesses this week. Make a plane
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discuss	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership	Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane Homework Reflect on your strengths and weaknesses this week. Make a plane
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) tow to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) the move means and your own dancing techniques to identify strengths and weaknesses; how to discuss therengths and weaknesses with a focus on key vocabulary; how to develop leadership and communication skills. Extended Task.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discuss trengths and weaknesses with a focus on key vocabulary; how to develop leadership and communication skills. Extended Task.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1)	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this. Homework Reflect on your strengths.
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance;	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plane how to address this. Homework Reflect on your strengths and weaknesses this. Homework Reflect on your strengths.
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance;	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discuss ittrengths and weaknesses with a focus on key vocabulary; how to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) to ow to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) to ow to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) now to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; how to develop motifs further and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) now to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discuss ittrengths and weaknesses with a focus on key vocabulary; how to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan of
n LP2.4, I will know: 25/11/24 - (WK 2) the definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) to ow to develop motifs further by adding formations into routines; how to discover the highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) to ow to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements.	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; he highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discouse how to discouse the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements. Resources to support learning: /our LP2 Knowledge Organiser	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; he highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover how to discover; how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover how to discover; how to work as a team to refine individual and group movements. FET Award Challenge for this Learning Programme:	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; how to develop motifs further by adding formations into routines; he highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discouse how to discouse the highlight of the routine when analysing performance to develop leadership and communication skills. Extended Task. n LP2.7, I will know: 16/12/24 - (WK 1) when rehearsing the routine, focus on the projection and how this will help emphasise the narrative of the performance; how to work as a team to refine individual and group movements. Resources to support learning: /our LP2 Knowledge Organiser	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.
n LP2.4, I will know: 25/11/24 - (WK 2) he definition of contrasting movements and how they can express a narrative within the motif; how to accumulate expressive movements into a coherent sequence. n LP2.5, I will know: 02/12/24 - (WK 1) how to develop motifs further by adding formations into routines; he highlight of the routine and focus on how this demonstrates the narrative to the audience. n LP2.6, I will know: 09/12/24 - (WK 2) how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover how to discover; how to analyse others and your own dancing techniques to identify strengths and weaknesses; how to discover how to discover; how to work as a team to refine individual and group movements. FET Award Challenge for this Learning Programme:	Sequence Mirror Key Vocabulary Formations Routine Key Vocabulary Refine Leadership Communication Key Vocabulary Rehearsing Projection	Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this. Homework Reflect on your strengths and weaknesses this week. Make a plan how to address this.



PRT Tas