

## Year 11 Health & Social Care Learning Programme 2

<p>The LORIC skill focus for his LP is: ORGANISATION The Moral Virtues focus for this LP are: COMPASSION and HONESTY Compassion - the quality of feeling pity and concern for the sufferings or misfortunes of others. Honesty - the quality of being truthful.</p> <p><b>What will I be learning about in this Learning Programme?</b> Component 3 - Health and Wellbeing</p> <p><b>Where have I seen this learning before?</b> I have already covered some of the content last LP and I might have covered it in PSHE</p> <p><b>What could I use it for?</b> Component 3 Exam</p>		<p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>• Full stops must be used at the end of a sentence</li> <li>• Question marks must be used at the end of a question</li> <li>• Apostrophes should only be used for possession or omission</li> <li>• Days of the week and months must be spelled correctly</li> <li>• Key words must be spelled correctly</li> </ul>
<p><b>In LP2.1, I will know:</b> 21/10/24 - (WK 2)</p> <p>the benefits of health monitoring; prevention strategies; which equipment is used to measure health indicators.</p>	<p><b>Key Vocabulary</b></p> <p>Measurements</p>	<p><b>Homework</b></p> <p>Complete revision guide task to consolidate learning.</p>
<p><b>In LP2.2, I will know:</b> 04/11/24 - (WK 1)</p> <p>blood pressure and peak flow; the blood pressure stages; risks of high and low blood pressure; my own peak flow reading.</p>	<p><b>Key Vocabulary</b></p> <p>Systolic</p>	<p><b>Homework</b></p> <p>Complete a mind map resource on pulse rate.</p>
<p><b>LP2 RLW, I will:</b> 11/11/24 - (WK 2)</p> <p>review my learning, recalling and applying key knowledge, and focus on closing any gaps in my knowledge.</p>		
<p><b>In LP2.3, I will know:</b> 18/11/24 - (WK 1)</p> <p>BMI; how to calculate BMI; how to work out your own BMI and categorise it; how calculating BMI can prevent obesity. Extended Task.</p>	<p><b>Key Vocabulary</b></p> <p>Obesity</p>	<p><b>Homework</b></p> <p>Create 7 flash card on key terms so far.</p>
<p><b>In LP2.4, I will know:</b> 25/11/24 - (WK 2)</p> <p>interpreting health indicators; limitations of published baseline figures; which information is shown on the graph and why this is beneficial; solutions to having one abnormal result.</p>	<p><b>Key Vocabulary</b></p> <p>Guidelines</p>	<p><b>Homework</b></p> <p>complete a set of exam style questions on lifestyle indicators.</p>
<p><b>In LP2.5, I will know:</b> 02/12/24 - (WK 1)</p> <p>person centred care; what a person centred approach is; how a person centred approach could be used; what actions could be taken when health indicators are outside the 'normal' range.</p>	<p><b>Key Vocabulary</b></p> <p>Lifestyle</p>	<p><b>Homework</b></p> <p>Create a mind map resource on person centred care.</p>
<p><b>In LP2.6, I will know:</b> 09/12/24 - (WK 2)</p> <p>recommendations; what SMART targets are; emotional and psychological obstacles. Extended Task.</p>	<p><b>Key Vocabulary</b></p> <p>Improvement</p>	<p><b>Homework</b></p> <p>Create flash cards for SMART targets.</p>
<p><b>In LP2.7, I will know:</b> 16/12/24 - (WK 1)</p> <p>time and resource obstacles; lack of support and unachievable targets; barriers to accessing care.</p>	<p><b>Key Vocabulary</b></p> <p>Target</p>	<p><b>Homework</b></p> <p>Revision for Exam.</p>
<p><b>Resources to support learning:</b> BTEC Tech Award Textbook</p>		
<p><b>FFET Award Challenge for this Learning Programme:</b> Research a local care home and find out how their care workers meet the needs of individuals.</p>		

PRT Task 1

PRT Task 2