

**CONWAY CENTRE MENU 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Bacon, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Croissant (V) Fresh Fruit Toast with Butter &amp; Jam (V)</p>	<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Sausage, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Croissant (V) Fresh Fruit Toast with Butter &amp; Jam (V)</p>	<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Bacon, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Cinnamon &amp; Raisin Bagel (V, VG) Fresh Fruit Toast with Butter &amp; Jam(V)</p>	<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Sausage, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Croissant (V) Fresh Fruit Toast with Butter &amp; Jam (V)</p>	<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Bacon, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Cinnamon &amp; Raisin Bagel (V, VG) Fresh Fruit Toast with Butter &amp; Jam (V)</p>
<p><b>Daily Packed Lunch Option</b> Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available Selection of Fruit Biscuit Crisps</p>	<p><b>Jacket Potato/Deli Bar</b> Jacket Potato Hot /Cold Baguette served with a selection of fillings  Served with Mixed Salad &amp; Coleslaw</p>	<p><b>Pasta Bar</b> <b>Daily Packed Lunch Option</b> Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available Selection of Fruit Biscuit Crisps</p>	<p><b>Jacket Potato/Deli Bar</b> Jacket Potato Hot /Cold Baguette served with a selection of fillings  Served with Mixed Salad &amp; Coleslaw</p>	<p><b>Pasta Bar</b> <b>Daily Packed Lunch Option</b> Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available Selection of Fruit Biscuit Crisps</p>
<p>Pasta carbonara with Garlic bread  Pasta Arrabiata (V, VG) with Garlic Bread  Haddock Goujons and Sauté Potatoes  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts</p>	<p>Pasta Bolognese served with Garlic Bread  Margaritta Pizza Served with Potato Wedges (V)  Salmon &amp; Sweet Potato Fishcakes served with Potato Wedges  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts</p>	<p>Roast Chicken Fillet and Sage &amp; Onion Stuffing served with Mash &amp; Roast Potatoes  Cottage Pie  Cheese and Onion Quiche (V) served with Jacket Potato  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts</p>	<p>Chicken Curry, Naan Bread &amp; Rice  Chickpea &amp; Lentil Curry, Naan Bread &amp; Rice (V, VG)  Battered/Breaded Fish served with Chips  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts</p>	<p>Beef Lasagne served with Garlic Bread,  Vegetarian Meatballs and Pasta in Tomato Sauce  Breaded Chicken Burger, Lettuce Mayo in a bun served with Chips  Seasonal Vegetables /Mixed Side Salad  A selection of Hot and Cold desserts</p>

(V) - suitable for Vegetarians, (VG) - suitable for Vegans - Many of the dishes can also be made to meet the needs of Vegetarians/Vegans on prior request.

All dishes are subject to availability and may change at short notice

**CONWAY CENTRE MENU 2023**

<b>Saturday</b>	<b>Sunday</b>
<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Sausage, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Croissant (V) Fresh Fruit Toast with Butter &amp; Jam (V)</p>	<p>Apple/ Orange Fruit Juice 100ml Choice of Cereals (Cornflakes, Rice Krispies, Weetabix, Bran flakes)</p> <p>Bacon, Scrambled Egg, Baked Beans. OR Vegetarian/Vegan Breakfast Veg Sausage (x2), Tomato, Beans, Scrambled Egg OR Croissant (V) Fresh Fruit Toast with Butter &amp; Jam (V)</p>
<p><b>Jacket Potato/Deli Bar</b> Jacket Potato Hot /Cold Baguette served with a selection of fillings</p> <p>Served with Mixed Salad &amp; Coleslaw</p>	<p><b>Pasta Bar</b> <b>Daily Packed Lunch Option</b> Ham/Turkey/Cheese /Tuna Mayo or Egg Mayonnaise Baguette - Vegan Cheese Available Selection of Fruit Biscuit Crisps</p>
<p>BBQ Chicken(H) Served with Savoury Rice</p> <p>Macaroni Cheese served with Crusty Bread</p> <p>Vegetarian Chilli Fajita</p> <p>Seasonal Vegetables /Mixed Side Salad</p> <p>A selection of Hot and Cold desserts</p>	<p>Roast Gammon Lunch served with all the Trimmings</p> <p>Cauliflower and Broccoli Mornay (V)</p> <p>Cheese and Tomato Quiche (V) served with Jacket Potato</p> <p>Seasonal Vegetables /Mixed Side Salad</p> <p>A selection of Hot and Cold desserts</p>

(V) - suitable for Vegetarians, (VG) - suitable for Vegans - Many of the dishes can also be made to meet the needs of Vegetarians/Vegans on prior request.

All dishes are subject to availability and may change at short notice