



## Year 10 PSHE

The LORIC skill focus for his LP is: COMMUNICATION.		Literacy:
The Moral Virtues focus for this LP are: COURAGE and HUMILITY.		<ul> <li>Capital letters must be used at the star</li> </ul>
Courage - Acting with bravery and overcoming fears.		of sentences and for the first letter of
Humility - Having a modest view of oneself.		<ul> <li>proper nouns</li> <li>Full stops must be used at the end of a</li> </ul>
What will I be learning about in this Learning Programme?		sentence
KS2 and LP1 & 2 Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.		Question marks must be used at the
		end of a question
		Apostrophes should only be used for
Where have I seen this learning before?		<ul> <li>possession or omission</li> <li>Days of the week and months must be</li> </ul>
KS2, KS3 and LP1, 2, 3 and 4 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.		spelled correctly
		Key words must be spelled correctly
What could I use it for?	h -++ !	
Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner which will help guide me in life and m covered in PSHE.	nanage better issues	
covered III 7 STE.		
In LP5.1, I will know: 13/05/24 - (WK 1) K	ey Vocabulary	Homework
how addiction effects people;		
in AR Citizenship and politics, what the Uk's role is in the Commonwealth is.	Commonwealth	
	Commonwealth	
In LP5.2, I will know: 20/05/24 - (WK 2) K	ey Vocabulary	Homework
about addiction to specific drugs;		
in AR Citizenship and politics, what the UK's role is in the World Trade Organisation.		
	WTO	
In LP5.3, I will know: 03/06/24 - (WK 1) K	ey Vocabulary	Homework
about the consequences of addiction;	ey vocabulary	Homework
in AR Citizenship and politics, how the UK's relationship with Europe has changed.		
	mental health	
Extended Task.		
	ey Vocabulary	Homework
where to seek help for addiction; in AR Citizenship and politics, what the UK's role is in overcoming global humanitarian problems.		
in an enterining and pointes, what are one is in overcoming global national production.	well being	
	ey Vocabulary	Homework
what alcohol dependency is;		
in AR Citizenship and politics, what the UK's role is in global conflict resolution.	alcoholism	
	dicononsin	
In LP5.6, I will know: 24/06/24 - (WK 2) K	ey Vocabulary	Homework
using UNIFROG about careers, why team work is important;		
in AR Citizenship and politics, how to review my learning.		
	team work	
Extended Task.		
	ey Vocabulary	Homework
what limiting alcohol intake is and the benefits of this;	, ,	
in AR Citizenship and politics, how to review my learning.	mental health and	
	well being	
	au Vasahula	Hamaniark
In LP5.8, I will know: 08/07/24 - (WK 2) K	ey Vocabulary	Homework
	ey Vocabulary	Homework

www.youngminds.org.uk https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/ https://www.cheshirewestandchester.gov.uk/residents/health-and-social-care/healthand-wellbeing/mental-health www.nspcc.org.uk/keeping-children-safe/childrens-mental-h<mark>eal</mark>th/ https://papyrus-uk.org/ www.internetmatters.org/

FFET Award Challenge for this Learning Programme:
To create an information leaflet in any subject I have covered in PSHE or Citizenship / Politics.