



Year 9 PSHE Citizenship and Politics Learning Programme 4

Learning Programme 4		
The LORIC skill focus for his LP is: INITIATIVE.		Literacy:
The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.		Capital letters must be used at the
Integrity - Having strong moral principles.		start of sentences and for the first letter
Gratitude - Feeling and expressing thanks.		of proper nouns
What will I be learning about in this Learning Programme?		 Full stops must be used at the end of a sentence
Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.		Question marks must be used at the
		end of a question
		Apostrophes should only be used for
		possession or omission
Where have I seen this learning before? KS2, Year 7 and 8 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.		Days of the week and months must be spelled correctly.
k3z, real 7 and 8 knowledge of F3rtz. Health education, relationships 7 k3z, economics and careers. Fontics and citizenship.		spelled correctlyKey words must be spelled correctly
		rey words must be spened correctly
What could I use it for?		
Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner in order to provide a w	yay of navigating society.	
In LP4.1, I will know: 04/03/24 - (WK 1)	Key Vocabulary	Homework
about anxiety and depression;	Rey Vocabulary	Homework
in AR Citizenship and politics, where we can save money.		
	symptoms	
In LP4.2, I will know: 11/03/24 - (WK 2)	Key Vocabulary	Homework
about stress and the definition of self harm;		
in AR Citizenship and politics, what our rights are as consumers.	self harm	
	sen narm	
In LP4.3, I will know: 18/03/24 - (WK 1)	Key Vocabulary	Homework
what eating disorders are;		
in AR Citizenship and politics, what digital citizenship is.		
	eating disorders	
Extended Task.		
In LP4.4, I will know: 25/03/24 - (WK 2)	Key Vocabulary	Homework
about internet safety and the positives of social media; in AR Citizenship and politics, whether voter engagement can be improved through digital participation.		
in Air crazerising and pointes, whether voter engagement can be improved an ough digital participation.	social media	
In LP4.5, I will know: 15/04/24 - (WK 1)	Key Vocabulary	Homework
about the issues that "over sharing" can cause;		
in AR Citizenship and politics, whether political engagement can be increased by using digital media.		
	over sharing	
In LP4.6, I will know: 22/04/24 - (WK 2)	Key Vocabulary	Homework
in CAREERS, what self-care means and how to		
incorporate this into their routines (UNIFROG);		
in AR Citizenship and politics, how well digital democracy worked in other countries.	self care	
Extended Task.		
In LP4.7, I will know: 29/04/24 - (WK 1)	Key Vocabulary	Homework
how to evaluate real life friendships vs online friendships;		
in AR Citizenship and politics, whether MPs should be allowed to vote digitally.	reality / upreality	
	reality / unreality	
In LP4.8, I will know: 06/05/24 - (WK 2)	Key Vocabulary	Homework
what an influencer is in social media;		
in AR Citizenship and politics, how social media can be used to increase political participation.		
	influencer	
Resources to support learning:		
www.youngminds.org.uk https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/ https://www.nhs.uk/conditions/stress-anxiety-depression/		residents/health-and-social-care/health-
and-wellbeing/mental-health www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/ https://papyrus-uk.org/ w	ww.internetmatters.org/	
FFET Award Challenge for this Learning Programme:		
Create your own self help leaflet on a topic of your choice.		