The Ellesmere Port C of E College

PRT Task 1

PRT Task 2



C of E College		Education Trust
Year 7 PSHE Citizenship and Politics		
Learning Programme 4		
The LORIC skill focus for his LP is: INITIATIVE. The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.		Literacy:Capital letters must be used at the
Integrity - Having strong moral principles.		start of sentences and for the first letter of proper nouns
Gratitude - Feeling and expressing thanks.		 Full stops must be used at the end of a
What will I be learning about in this Learning Programme? Health and Well Being, Relationships and Living in the Wider World. Politics / Citizenship.		sentenceQuestion marks must be used at the
Where have I seen this learning before? KS2 knowledge of PSHE: health education, relationships / RSE, economics and careers. Politics and citizenship.		end of a question • Apostrophes should only be used for possession or omission • Days of the week and months must be spelled correctly • Key words must be spelled correctly
What could I use it for? Knowledge is sequenced and builds within each year of each Key Stage in an age appropriate manner in order to provide a way of navigat	ng society.	
	Key Vocabulary	Homework
about social media vs reality; in AR Citizenship and politics, why registering to vote is so important.		
	Voting	
In LP4.2, I will know: 11/03/24 - (WK 2) how to understand online information;	Key Vocabulary	Homework
in AR Citizenship and politics, how young people can be involved in local decision making.	decisions	
	Key Vocabulary	Homework
in CAREERS; how to make informed GCSE decisions, whether they know what they want to do in future or not (UNIFROG); in AR Citizenship and politics, what crime is.	careers support	
Extended Task.		
In LP4.4, I will know: 25/03/24 - (WK 2) about the principles of healthy eating; in AR Citizenship and politics, what the reasons behind criminal behaviour are.	Key Vocabulary	Homework
	Key Vocabulary	Homework
the effect on our bodies of exercise; in AR Citizenship and politics, what the role of the police is in solving crime.	exercise	
	Key Vocabulary	Homework
about the recommended physical activity for me and for adults; in AR Citizenship and politics, whether youth crime is as serious as the media suggests.	youth crime	
Extended Task.		11-march
In LP4.7, I will know: 29/04/24 - (WK 1) about the benefits of a healthy lifestyle; in AR Citizenship and politics, what communities can do to prevent crime.	Key Vocabulary	Homework
	Key Vocabulary	Homework
the link between physical activity and mental wellbeing; in AR Citizenship and politics, what a successful crime prevention strategy looks like.	mental wellbeing	
Resources to support learning:		
www.youngminds.org.uk https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/ https://www.cheshirewo		residents/health-and-social-care/health-
FFET Award Challenge for this Learning Programme: Create your own self help leaflet on a topic of your choice.		