

## Year 10 Sport Learning Programme 4

<p>The LORIC skill focus for his LP is: INITIATIVE.</p> <p>The Moral Virtues focus for this LP are: INTEGRITY and GRATITUDE.</p> <p>Integrity - Having strong moral principles.</p> <p>Gratitude - Feeling and expressing thanks.</p> <p><b>What will I be learning about in this Learning Programme?</b> I will learn the keys roles and responsibilities of officials in my sport. I will learn how to plan and deliver an effective session to improve performance in my sport.</p> <p><b>Where have I seen this learning before?</b> I have seen officials carry out their roles regularly in my sports career and on TV. I have seen effective sessions demonstrated in my PE lessons and in my sports sessions outside of school.</p> <p><b>What could I use it for?</b> I could use this knowledge to carry on to further study on a Level 3 sports course. I could also use this knowledge to lead me into a sports official or coaching role after school.</p>	<p><b>Literacy:</b></p> <ul style="list-style-type: none"> <li>• Capital letters must be used at the start of sentences and for the first letter of proper nouns</li> <li>• Full stops must be used at the end of a sentence</li> <li>• Question marks must be used at the end of a question</li> <li>• Apostrophes should only be used for possession or omission</li> <li>• Days of the week and months must be spelled correctly</li> <li>• Key words must be spelled correctly</li> </ul>
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<p><b>In LP4.1, I will know:</b> 04/03/24 - (WK 1)</p> <ul style="list-style-type: none"> <li>• National Governing Body's key rules and regulations around applying the rules to my sport and actions that officials take when rules are broken.</li> <li>• How to apply this within my Officials presentation.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>National Governing Body (NGB)</p>	<p><b>Homework</b></p> <p>Watch a professional match in my sport and highlight the actions of the officials.</p>
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<p><b>In LP4.2, I will know:</b> 11/03/24 - (WK 2)</p> <ul style="list-style-type: none"> <li>• Key rules around the playing area of my sport.</li> <li>• How to apply this knowledge to my Officials presentation.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>Referee</p>	<p><b>Homework</b></p> <p>Research the playing area rules for my sport.</p>
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<p><b>In LP4.3, I will know:</b> 18/03/24 - (WK 1)</p> <ul style="list-style-type: none"> <li>• The basics of planning a session in my sport including drills and a conditioned practice.</li> <li>• What whole and part drills are and how to make them progressive.</li> </ul> <p>Extended Task.</p>	<p><b>Key Vocabulary</b></p> <p>Conditioned practice</p>	<p><b>Homework</b></p> <p>Design an interesting drill to improve a skill of your choice in your sport.</p>
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<p><b>In LP4.4, I will know:</b> 25/03/24 - (WK 2)</p> <ul style="list-style-type: none"> <li>• How to demonstrate skills effectively.</li> <li>• How to break down skills into teaching points and deliver them to a class.</li> <li>• How to plan the organisation of my session including space, equipment and participants.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>Demonstration</p>	<p><b>Homework</b></p> <p>Prepare a drill that you will demonstrate to the class.</p>
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<p><b>In LP4.5, I will know:</b> 15/04/24 - (WK 1)</p> <ul style="list-style-type: none"> <li>• How to ensure the timings and my positioning is planned throughout my session.</li> <li>• How to support the participants during my session with instructions and feedback.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>Positioning</p>	<p><b>Homework</b></p> <p>Find a coaching session in your sport on YouTube.</p>
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<p><b>In LP4.6, I will know:</b> 22/04/24 - (WK 2)</p> <ul style="list-style-type: none"> <li>• How to be confident delivering my session to my peers.</li> <li>• How to react to feedback to improve my session from my first practice.</li> </ul> <p>Extended Task.</p>	<p><b>Key Vocabulary</b></p> <p>Feedback</p>	<p><b>Homework</b></p> <p>Create a shorthand version of your session plan to help you deliver to your peers.</p>
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<p><b>In LP4.7, I will know:</b> 29/04/24 - (WK 1)</p> <ul style="list-style-type: none"> <li>• How to write up my session in my coursework and ensure that all learning aims are covered.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>Session plan</p>	<p><b>Homework</b></p> <p>Practice delivering your session at home.</p>
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<p><b>In LP4.8, I will know:</b> 06/05/24 - (WK 2)</p> <ul style="list-style-type: none"> <li>• How to deliver my session confidently on camera for my coursework.</li> </ul>	<p><b>Key Vocabulary</b></p> <p>Confidence</p>	<p><b>Homework</b></p> <p>Practice delivering your session at home.</p>
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<p><b>Resources to support learning:</b></p> <p>My knowledge organisers, Pearson BTEC Tech Award Level 1/2 Sport text book, Revision booklet.</p>		
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<p><b>FFET Award Challenge for this Learning Programme:</b></p> <p>Use your warm-up plan from class to lead an extra-curricular activity in PE.</p>		
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