

PSHE, Citizenship, Politics and Careers

KS3 Curriculum Plan 2022-23

		LP1	LP2	LP3	LP4
Year 7	PSHE	PSHE: Pupils will know about relationships centred around human happiness marriage, cohabiting, Same-Sex (including Civil Partnership) Blended' and 'Step' families. Pupils will know about positive relationships and what bullying means. They will know the importance of free speech and the harms of a cancel culture and the harms of censorship and no platforming. Pupils will know what protected characteristics are. (R1, R2, R6, R35) (L2, L9, L6) (R10, R16, R9)	PSHE: Pupils will know how to define what respectful relationships are as well as how to leave friendships or relationships where there is conflict and how this is different to bullying. They will know how reconciliation is important in resolving relationships. Pupils will know about the positive opportunities online. They will know about rights and freedom of expression and their digital footprint. Pupils will know how to define well-being and mental health and the connection between them. (R2, R19) (R13, R17, R14, H30) (H1, H2) (L7, L1, L5)	PSHE: Pupils will know the importance of being able to articulate emotions in terms of well-being including those of grief and loss. Pupils will know how the online world does not always match reality and the impact this can have on themselves and bullying. Pupils will know what basic nutrition is and how to select healthier options. (R22, H2) (L2, L3, L10) (H30, R13) (H17, H18)	PSHE: Pupils will know about social media vs reality and how to understand online information. They will know about the principles of healthy eating and the effect on our bodies of exercise. They will know about the recommended physical activity for themselves and for adults. They will know the benefits of a healthy lifestyle and the link between physical activity and mental wellbeing. (H14, H10, H16) (H20, H23) (L2)
	Politics / Citizenship	Politics/Citizenship: Pupils will know what citizenship is and what it means to be an active citizen. They will know what a democratic community is. They will know why we have rules and laws in terms of creating equity and fairness. Pupils will know what identity means and how identity can change. Pupils will know the key features important in communities. And the effects of change within communities.	Politics/Citizenship: Pupils will know how communities are linked together across the UK. Pupils will know what the British Youth Parliament is. Pupils will know how we are connected to people across the globe.	Politics/Citizenship: Pupils will know what rights are and what a right to education means. Pupils will know what they can do to protect the rights of others. Pupils will know about their rights to healthcare and the UK's role in supporting poorer countries in Healthcare.	Politics/Citizenship: Pupils will know how local democracy works, what local councils do and the role of the local councillor. Pupils will know how local elections work and why registering to vote is important. Pupils will know what the word crime means within society and they will know the difference between civil and criminal law.
	Careers	Careers: Pupils will know what a career is and the things that are important to choosing a career. They will know about the Unifrog careers library and will be able to access information on a wide range of careers. (GB: 2, 3, 4)	Careers: Pupils will know what skills are relevant within the context of careers using Unifrog resources. They will know how to them apply these skills to themselves. (GB: 3, 4)	Careers: Pupils will know how to use Unifrog resources to explore some careers that are of interest to them using the Holland Codes. Young Enterprise Day. (GB:3)	Careers: Pupils will know how to use Unifrog resources. They will know that recording is important in their careers journey within the college. (GB:3)
	Skills	It aims to challenge pupils to deeply reflect, and to embrace a wide range of subject (and topic) specific vocabulary, to equip them with the tools needed to navigate their lives as teenagers and adults, and to understand experiences that might affect friends, relations, partners and colleagues both now and in the future, thus making them more resilient. To use this knowledge to identify pupils' own skills and learn how to record them on the Unifrog platform. To allow pupils to learn more about themselves and explore the careers commonly associated with their interests. To explore what pupils' dream jobs are and how they can consider different possible jobs. To familiarise pupils with the Careers Hub and how they can use it to achieve their goals.			
	Key Vocab	Respect, Responsibility, Personal Vision, Finance, friendship, happiness, Bullying	Digital citizenship, Digital footprint, Media, Mental Health, relationships, reconciliation, Bullying, online bullying	Healthy lifestyles, grief, mental well-being, social media, self-awareness, diet, bullying	Online representation vs reality. Physical exercise, endorphins, nutrition, mental well-being.

		LP1	LP2	LP3	LP4
Year 8	PSHE	PSHE: pupils will know about marriage and cohabiting. They will know the characteristics of what is deemed to be "successful parenting." Pupils will know how to define bullying and be aware of the behaviour that constitute bullying. Pupils will know about the Equalities Act 2010 and tolerance and respect benefit society. Pupils will know how the Act relates to protected characteristics. (R6) (R3, R43, R37, R38, R39) (L3, L2)	PSHE: Pupils will know how to define what respectful relationships are as well as how to leave friendships or relationships where there is conflict. They will know how reconciliation is important in resolving relationships. Pupils will know about the positive opportunities online. They will know about rights and freedom of expression and their digital footprint. Pupils will know how to define well-being and mental health and the connection between them. (R2, R19) (R13, R17, R14, H30) (H1, H2) (L7, L1, L5, L22)	PSHE: Pupils will now how to reflect on themselves in terms of their own well-being in terms of effective communication. They will know how to apply empathy when looking at the well-being of others as well as identifying strategies for early interventions. Pupils will know what a healthy body image is and the impact social media can have on it. They will know how to understand subjectivity when exploring body image as well as the impact of puberty on self-perception. (H12, H7, H4, H9) (L17, L24) (H34, H3)	PSHE: Pupils will know the importance and benefits of physical exercise on health and well-being. They will know how the two areas link. Pupils will know the importance of dental care, the importance of personal hygiene and the immune system, bacteria and antibiotic resistance. (H14, H10, H16) (H20, H23) (L2)
	Politics / Citizenship	Politics/Citizenship: Pupils will know how political systems work within the UK. They will know the difference between government and parliament. Pupils will know the key differences between political parties and the role of an MP. Pupils will know the roles of the Monarch, PM, cabinet and the range of UK Gov departments, specifically the treasury. Pupils will know what a devolved government means.	Politics/Citizenship: Pupils will know the impact of media; the role of news and what is deemed to be newsworthy. Pupils will know the rules media are required to follow in terms of journalism. Pupils will know the role of the media within democracy and the political affiliations. Pupils will know the media's role in holding people to account, they will know what fake news is and how they can differentiate what is real or false. Pupils will know how to discuss the role of the media using their own opinions as to its efficacy.	Politics/Citizenship: Pupils will know why we have laws. They will know what minimum age restriction means. They will know the difference between criminal and civil law and the role of Parliament in making laws. They will know about the role of the Youth Court and a range of people who work within the criminal justice system. Pupils will know how to assess the laws re minimum age of criminal responsibility and how they may differ in other countries. Pupils will now how to analyse a debate and then write their own speech.	Politics/Citizenship: Pupils will know how citizens are able to take action within a democracy. Pupils will know what a pressure group is and how they can help change happen. Pupils will know what a campaign is and how this helps to address injustice and inequality. Pupils will know what Article 21 is and how they could get involved with committees. Pupils will know what effective change means.
	Careers	Careers: Pupils will know how Unifrog resources can help in order to explore their aspirations and motivational factors. They will know how to explore their concept of success. (GB:3)	Careers: Pupils will know what skills are relevant within the context of careers using Unifrog resources. They will know how to them apply these skills to themselves. (GB:2)	Careers: Pupils will know how to use the Unifrog careers library to explore a range of careers that interest them. (GB:2, 3 and 4)	Careers: Pupils will know how Unifrog records the activities they take part in. They will know that recording is important in their careers journey within the college. (GB:3 and 7)
	Skills	PSHE: It aims to challenge pupils to deeply reflect on their own well-being and to understand experiences that might affect friends, relations, partners and colleagues both now and in the future, thus making them more resilient.			
	Key Vocab	Marriage, cohabiting, parenting, bullying, imbalance of power,	Stereotyping, equality, discrimination, respect, tolerance, equalities Act 2010, bullying	Mental well-being, body image, screen time, fraudsters, extremes, grooming, bullying	physical exercise. Endorphins. Dental hygiene. Personal hygiene. Immune system. Bacteria.

		LP1	LP2	LP3	LP4	
Year 9	PSHE	PSHE: Pupils will know what constitutes criminal behaviours within a range of relationships and contexts and know who to contact. They will know the difference between abusive relationships versus loving / caring relationships. Pupils will know what constitutes sexual violence, domestic abuse and harassment and what consent means. (R14, R10)	PSHE: Pupils will know what defines sexual violence. They will know what defines an indecent image and the context of the law in terms of sharing images. Pupils will know what consent means and the law around sexual consent. They will know how to recognise signs of, and where to seek advice on issues of harassment, rape, domestic abuse, grooming, exploitation and coercion. (R24, R37, R26, R27) (L1, L24) (R26, R27, R41)	PSHE: Pupils will know what the term 'county lines' means and to recognise signs of gang exploitation. Pupils will know what diversity within relationships is and know examples. They will know that intimate sexual relationships can lead to conception. They will know the importance of communication within intimate relationships. They will know about sexual health, STIs and how to manage sexual pressure. (R45, R46) (H36, R11, R12, R4, H21) (L2, L8)	PSHE: Pupils will know about preventing pregnancy and a range of contraception available. Pupils will know the definition, causes and where to seek help with Mental Health issues of anxiety, depression, stress, self-harm and eating disorders. Pupils will know what oversharing means online and the positives that they can identify within social media. (H35, R33, R32, R34) (H11, H8) (H1) (H31) (R44, R29, R30) (L21)	
	Politics / Citizenship	Politics/Citizenship: Pupils will know how the UK is governed and what the civil service do. They will know the difference between a civil servant and a government minister. Pupils will know what devolution means and differences between local, regional and national governance. Pupils will know what democracy is and how it compares to other political systems including the USA	Politics/Citizenship: Pupils will know what the equality Act 2010 is and how it came about. They will now what prejudice and discrimination means. They will know that there are different types and the effects discrimination can have on groups within society. They will know the impacts of equality laws within the UK and the progress the law has made within LBGQT+ community. Pupils will know how school can help develop an equal and fairer society.	Politics/Citizenship: Pupils will know what migration is and reasons as to why migration takes place. They will know the role climate change has made on migration and the role the Syrian / Ukrainian War has made. They will know the support that is available to migrants. Pupils will know the Government stance on immigration and the existing regulations and form an opinion on it. They will know how to explain the social, economic and political impact migration can have on communities.	Politics/Citizenship: Pupils will know what financial responsibility, spending and saving means. Pupils will know the range of methods of payment and how to budget. Pupils will know what loans, overdrafts and credit are and what they mean. They will know what impact digital citizenship can have on their ability to track money as well as online crime such as fraud, phishing, and other common scams. Pupils will know their rights as consumers in terms of buying and selling in person and online.	
	Careers	Careers: Pupils will know the attributes of good leadership. They will be able to evaluate themselves against the attributes identified. (GB:3)	Careers: Pupils will know how competencies apply to their own skill sets and why it is important to record their findings. Careers advice during Year 9 Information Evening with LMI focus. (GB:3)	Careers: Pupils will know how Unifrog can be used for specific subject areas that interest them and record their findings. (GB:3, 4 and 7)	Careers: Pupils will know what self-care means and how to incorporate this into their routines. (GB:3)	
	Skills	PSHE: It aims to challenge pupils to deeply reflect, and to embrace a wide range of subject (and topic) specific vocabulary, to equip them with the tools needed to navigate their lives as teenagers and adults, and to understand experiences that might affect friends, relations, partners and colleagues prepares them successfully for their KS4 delivery which builds on the KS3 sequencing and foundations of knowledge.				
	Key Vocab	Respect, Domestic Abuse, Trust, Unsafe Relationships, Criminal Behaviours, Coercive Controlling behaviours, Harassment, bullying	Indecent, Reporting, Law, Harassment, Sexual Consent, Grooming, Exploitation, bullying	County Lines, bullying, Gang Exploitation, Intimate Relationships, Diversity	Contraception, ST,I Sexual Pressure, bullying, Symptoms, Sexual Health	

LP5
<p>PSHE: Pupils will know how to define puberty and the impacts on their brain. They will know how attraction links to hormones and how this can influence our own body image. They will know how body image can impact bullying. They will know the expectations of menstrual health. (H34, R5) (L2, L3, L12, L10)</p>
<p>Politics/Citizenship: Pupils will know some reasons behind criminal behaviours and the role of the Police. Pupils will know about youth crime and preventative measures. They will know what a successful crime prevention strategy is. Pupils will know about their own place within a community and how our College forms part of that community. Pupils will know what a non-governmental organisation is the impact they have on their community. Pupils will know how to plan a citizen action project.</p>
<p>Careers: Pupils will know how to utilise Unifrog in exploring their concept of a "dream job" and the significance of high aspirations from year 7. (GB:3, 4)</p>
<p>empathetic individuals. It prepares them successfully for their Intermediate Be More s library so they can learn more about various jobs and research what they need to do to</p>
<p>Puberty, attraction, menstrual cycle, adolescence, well-being, bullying</p>

LP5
<p>PSHE: Pupils will know what constitutes healthy sleeping routines and what can cause poor quality sleep. Pupils will know the rudiments of First Aid: recovery position, ABC, CPR and Defibrillator. (H15, H13) (L7, L2) (H33)</p>
<p>Politics/Citizenship: Pupils will know what political rights are and what suffrage was. Pupils will know what role the Chartists played in political change. Pupils will know why it is important to vote and be able to debate whether the age for voting should be changed. Pupils will know that there are global issues such as plastic damaging the environment. They will know about climate change and what fracking is. They will know what the Universal declaration of Human Rights is. Pupils will know what actions can be taken to change global issues.</p>
<p>Careers: Pupils will know what skills and competencies are and how they can apply them to themselves. (GB:3 and 4)</p>
<p>Sleep, caffeine, routine, mood, productivity, strategies, recovery position, defibrillator</p>

PSHE: Pupils will know how to differentiate between real life friendships and friendships online. They will know how influencers operate and learn strategies for managing a healthy relationship with social media usage.
 Pupils will know the classifications of drugs and the risks to mental and physical health. They will know what impact convictions have. They will know the risks of purchasing prescription drugs or legal highs, the effects and risks.
 Pupils will know how vaccinations /immunisations work and where to seek support with concerns. (R42, R2) (H23, H27) (H19) (L23, L20)

Politics/Citizenship:

Pupils will know what digital democracy means. They will know what digital voting is and they will know the positives about digital political engagement.
 Pupils will know how they can involve themselves in decision making within school, their local community and nationally. They will know how to articulate their views on voting reform. Pupils will know how to prepare a speech on making an effective change by looking at some case studies and then relating the case studies to change at a local level.

Pupils will know how to discover the interests and skills that make them unique, and link them to potential careers. (GB: 2, 3 and 4)

es both now and in the future, thus making them more empathetic individuals. If

Vaccination, Immunisation Mental well-being, bullying, Causes Symptoms, Prescription, Classification, Anti vaccination